

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
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Results of all Finals and Heats

Ordered by Program Sequence

Performance Scores: IAAF_2014 table, Electronic Time, Height above sea=1351

Item 1 09:30 Final Men Senior TripleJump

1	APHANE, Reneilwe, 250	AGN	15.93	0	G	+0.8
2	MOKHOSO, Sefako, 155	AFS	15.63	0	S	+0.4
3	MPHEFU, Junior, 456	BOLA	15.21	0	B	-1.1
4	SEWENYANA, Jason, 665	WPA	14.93	0		+1.1
5	MTOBA, Kwesi, 458	BOLA	14.79	0		+0.0
6	BOER, Duwayne, 573	CGA	14.69	0		+0.0
7	DIKOKO, Itumeleng, 426	AVT	14.60	0		+0.0
8	MOTHLAKE, Jabilane, 580	CGA	14.39	0		+0.0
9	SKOSANA, Michael, 339	AGNIND	13.80	0		+0.0
0	MATHABELA, Maurice, 307	AGNIND	NM	0		
0	BRAMWILL, Lezlo, 584	CGA	NM	0		

Item 2 09:30 Final Women Senior Polevault

1	FOURIE, Nadja, 115	AFS	3.70	0	G	
2	VAN DYK, Jeannie, 598	EPA	3.60	0	S	
3	DU TOIT, Kian-lee, 444	BOLA	3.60	0	B	
4	SEDRAS, Jodie, 437	BOLA	3.50	0		
5	VILJOEN, Anje, 440	BOLA	3.40	0		
6	LAMLEY, Esli, 100	AFS	3.20	0		
7	SWANEVELDER, Simonn, 388	ASWD	3.10	0		
0	VENTER, Zabeth, 19	ACNW	NM	0		

Item 3 09:30 Final Women Senior Shotput

4.000kg

1	SENEKAL, Ischke, 602	EPA	16.97	0	G	
2	JORDAN, Lezaan, 519	CGA	15.04	0	S	
3	SMUTS, Sonia, 194	AGN	14.93	0	B	
4	PUBALAKAN, Tanya, 530	SAPS	13.50	0		
5	BREYTENBACH, Wanzel, 294	AGNIND	13.46	0		
6	VAN R VAN OUDTSHOORN, Mia, 104	AFS	13.23	0		
7	WAGNER, Monique, 498	CGA	13.22	0		
8	STEINMANN, Jana, 37	ACNW	12.79	0		
9	BOTHA, Elme', 387	ASWD	12.08	0		

Item 4 09:30 Final Men Mixed Discus (SASAPD - MIXED GENDER)

Item 5 09:40 Heat 1 of 2 Men Senior 110m Hurdles

+0.9 1.067m

1	ALKANA, Antonio, 669	WPA	13.81	0		
2	DE VRIES, Ruan, 221	AGN	13.92	0		
3	MOOLMAN, Kobus, 153	AFS	14.07	0		
4	HAMMAN, Muntingh, 205	AGN	14.14	0		
5	SEPTEMBER, Andre, 664	WPA	14.26	0		
6	MAGANYELE, Lethabo, 309	AGNIND	14.61	0		
7	SWART, Wp, 94	ACNW	15.04	0		
8	REINECKE, Hannes, 59	ACNW	15.11	0		
0	SHIBODZE, Vutivi, 331	AGNIND	DNR	0		

Item 5 09:40 Heat 2 of 2 Men Senior 110m Hurdles

-0.1 1.067m

1	SMIT, Tiaan, 235	AGN	13.71	0		
2	MKATINI, Junior, 566	CGA	14.11	0		
3	BOTHMA, Alwyn, 69	ACNW	14.20	0		
4	YOUNG, Theodor, 82	ACNW	14.34	0		
5	KRUGER, Christiaan, 644	LIMA	14.79	0		
0	REESE, Morgan, 557	CGA	DNR	0		
0	MAKHANYA, Thulani, 131	AFS	DNR	0		
0	LEGODI, Thapelo, 321	AGNIND	DNR	0		

Item 6 10:00 Heat 1 of 2 Women Senior 100m Hurdles

-0.2 0.838m

1	STEENKAMP, Rikenette, 202	AGN	13.51	0		
2	VAN WYK, Janke, 435	BOLA	14.04	0		
3	BIELDT, Tylon, 190	AGN	14.09	0		
4	FOX, Fox, 114	AFS	14.58	0		
5	HARTMAN, Denise, 8	ACNW	14.59	0		

Item 6 10:00 Heat 2 of 2 Women Senior 100m Hurdles

+1.1 0.838m

1	HEUNIS, Claudia, 181	AGN	13.45	0		
2	BRITS, Maryke, 119	AFS	13.48	0		
3	HENDRIKS, Velmien, 501	CGA	13.95	0		
4	EHRKE, Tanya, 506	CGA	14.27	0		
5	JOUBERT, Izanelle, 29	ACNW	15.55	0		

Item 7 10:20 Final Women Senior 100m Hurdles Heptathlon

+0.5 0.838m

1	DU TOIT, Nienka, 445	BOLA	14.91	854		
2	KIRSTEN, Danica, 21	ACNW	16.24	685		

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Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
3		SCHOEMAN, Nicola, 179	AGN	16.59		644		
4		SALIM, Anri, 11	ACNW	16.70		631		
5		VAN GRAAN, Sherica, 491	CGA	17.74		516		
Item 8	10:35 Final Women U20 (Junior) 100m Hurdles Heptathlon							
1		KRUGER, Jone', 5	ACNW	14.92		852		
2		VERSTER, Shannon, 619	KZNA	15.59		765		
3		VAN BERS, Cindy, 166	AGN	16.86		612		
4		VON ALLEMAN, Elizna, 4	ACNW	17.10		585		
Item 9	10:50 Final Results Women U18 (Youth) 100m Hurdles Heptat							
1		VAN JAARSVELD, Liane, 486	CGA	14.77		872		
2		THERON, Liezl, 164	AGN	14.99		843		
3		SOLARIN, Esther, 165	AGN	15.30		802		
4		DONOUGH, Ameerah, 646	WPA	15.69		753		
5		BOTHA, Ancke, 487	CGA	15.79		740		
6		KETCH, Leandre, 430	BOLA	15.86		732		
7		DE KLERK, Xante, 413	AVT	16.87		611		
8		OPPERMAN, Annica, 386	ASWD	17.56		535		
9		VAN ZYL, Anina, 6	ACNW	17.74		516		
0		SCHOEMAN, Bianca, 412	AVT			DNR		0
0		ENGELBRECHT, Carli, 414	AVT			DNR		0
0		FERREIRA, Chante, 163	AGN			DNR		0
Item 9	10:50 Final 1 of 2 Women U18 (Youth) 100m Hurdles Hepta +1.3							
1		VAN JAARSVELD, Liane, 486	CGA	14.77		872		
2		THERON, Liezl, 164	AGN	14.99		843		
3		SOLARIN, Esther, 165	AGN	15.30		802		
4		DONOUGH, Ameerah, 646	WPA	15.69		753		
5		VAN ZYL, Anina, 6	ACNW	17.74		516		
0		SCHOEMAN, Bianca, 412	AVT			DNR		0
Item 9	10:50 Final 2 of 2 Women U18 (Youth) 100m Hurdles Hepta -0.3							
1		BOTHA, Ancke, 487	CGA	15.79		740		
2		KETCH, Leandre, 430	BOLA	15.86		732		
3		DE KLERK, Xante, 413	AVT	16.87		611		
4		OPPERMAN, Annica, 386	ASWD	17.56		535		
0		ENGELBRECHT, Carli, 414	AVT			DNR		0
0		FERREIRA, Chante, 163	AGN			DNR		0
Item 12	11:25 Final Men U18 (Youth) 100m Decathlon +0.1							
1		VAN ZYL, Rikus, 42	ACNW	11.69		713		
2		SPRUYT, Rainer, 359	AMPU	11.85		681		
3		HOFFMEISTER, Stefan, 681	WP IND	11.90		671		
4		DE LA REY, Zaine, 96	AFS	11.93		665		
0		MACKENZIE, Ronaldo, 431	BOLA			Disq		0
Item 13	11:35 Final Men U20 (Junior) 100m Decathlon -0.2							
1		JOSHUA, Nurdeen, 683	WP IND	11.87		677		
2		COETZEE, Grove, 99	AFS	12.01		649		
3		MARAIS, Daniel, 682	WP IND	12.20		612		
Item 14	11:45 Final Results Men Senior 100m Decathlon							
1		BARNARD, Brandon, 44	ACNW	11.09		841		
2		PRETORIUS, Fredriech, 256	AGN	11.12		834		
3		COERTZEN, Willem, 72	ACNW	11.23		810		
4		MATSEKANE, Katleho, 420	AVT	11.32		791		
5		MC GLADDERY, Duncan, 214	AGN	11.35		784		
6		VAN DER BERG, Lee, 55	ACNW	11.49		755		
7		VAN BILJON, Jc, 135	AFS	11.62		728		
8		SWANEPOEL, Gert, 267	AGN	11.64		723		
9		DE JAGER, Marcelle, 141	AFS	11.66		719		
10		BEUKES, Hennie, 450	BOLA	11.91		669		
11		WEPERER, Terrence, 687	WP IND	12.17		618		
Item 14	11:45 Final 1 of 2 Men Senior 100m Decathlon -0.8							
1		BARNARD, Brandon, 44	ACNW	11.09		841		
2		MATSEKANE, Katleho, 420	AVT	11.32		791		
3		VAN DER BERG, Lee, 55	ACNW	11.49		755		
4		SWANEPOEL, Gert, 267	AGN	11.64		723		
5		DE JAGER, Marcelle, 141	AFS	11.66		719		
6		WEPERER, Terrence, 687	WP IND	12.17		618		
Item 14	11:45 Final 2 of 2 Men Senior 100m Decathlon -1.2							
1		PRETORIUS, Fredriech, 256	AGN	11.12		834		
2		COERTZEN, Willem, 72	ACNW	11.23		810		
3		MC GLADDERY, Duncan, 214	AGN	11.35		784		
4		VAN BILJON, Jc, 135	AFS	11.62		728		
5		BEUKES, Hennie, 450	BOLA	11.91		669		
Item 15	11:55 Heat 1 of 2 Men Senior 400m Hurdles 0.914m							

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
1		VAN ZYL, Lj, 212	AGN	0:50.97		0		
2		MAREE, Linford, 447	BOLA	0:51.18		0		
3		MOGAWANE, Kefilwe, 246	AGN	0:51.20		0		
4		GARA, Lindokhule, 300	AGNIND	0:53.49		0		
5		WESSELS, Adriaan, 143	AFS	0:54.75		0		
6		MUZI, Maphophe, 356	AGNIND	0:54.98		0		
Item 15	11:55	Heat 2 of 2 Men Senior 400m Hurdles				0.914m		
1		HAMMAN, Leroux, 204	AGN	0:49.75		0		
2		PRETORIUS, Constant, 257	AGN	0:50.88		0		
3		EKSTEEN, Elshami, 147	AFS	0:51.10		0		
4		BORNMAN, Marcus, 344	AGNIND	0:52.46		0		
5		ROBERTS, Rivaldo, 351	AGNIND	0:53.61		0		
6		MATHOPA, Tshegofatso, 302	AGNIND	0:53.94		0		
7		JOOSTE, Marco, 73	ACNW	0:54.10		0		
8		MAARMAN, Kevin, 463	BOLIND	0:56.78		0		
Item 16	12:00	Final Women U18 (Youth) HighJump Heptathlon						
1		KETCH, Leandre, 430	BOLA	1.66		806		
2		SOLARIN, Esther, 165	AGN	1.63		771		
3		THERON, Liezl, 164	AGN	1.60		736		
4		BOTHA, Ancke, 487	CGA	1.57		701		
5		OPPERMAN, Annica, 386	ASWD	1.54		666		
6		VAN JAARSVELD, Liane, 486	CGA	1.51		632		
7		DE KLERK, Xante, 413	AVT	1.45		566		
8		DONOUGH, Ameerah, 646	WPA	1.45		566		
9		VAN ZYL, Anina, 6	ACNW	1.36		470		
0		SCHOEMAN, Bianca, 412	AVT	DNR		0		
0		ENGELBRECHT, Carli, 414	AVT	DNR		0		
0		FERREIRA, Chante, 163	AGN	DNR		0		
Item 17	12:00	Final Women U20 (Junior) HighJump Heptathlon						
1		VERSTER, Shannon, 619	KZNA	1.63		771		
2		KRUGER, Jone, 5	ACNW	1.60		736		
3		VAN BERS, Cindy, 166	AGN	1.54		666		
4		VON ALLEMAN, Elizna, 4	ACNW	1.42		534		
Item 18	12:00	Final Women Senior HighJump Heptathlon						
1		KIRSTEN, Danica, 21	ACNW	1.66		806		
2		SALIM, Anri, 11	ACNW	1.63		771		
3		SCHOEMAN, Nicola, 179	AGN	1.60		736		
4		DU TOIT, Nienka, 445	BOLA	1.60		736		
5		VAN GRAAN, Sherica, 491	CGA	1.48		599		
Item 19	12:00	Final Men Senior Javelin				800g		
1		JANSE VAN RENSBURG, Phil-mar, 367	AMPU	79.86		0		G
2		VAN ROOYEN, Rocco, 662	WPA	79.74		0		S
3		GROBLER, Johann, 85	ACNW	75.70		0		B
4		VAN VUUREN, Hernu, 550	CGA	74.83		0		
5		HERMAN, Chad, 57	ACNW	73.56		0		
6		HOLTZHAUZEN, Tobie, 242	AGN	72.20		0		
7		BRENDAN, Skiener, 352	AGNIND	71.63		0		
8		DAMES, Werner, 375	ANWN	68.78		0		
9		WIESE, Erich, 65	ACNW	67.77		0		
10		SCHLEBUSCH, Jannes, 139	AFS	66.59		0		
11		BOTHA, Paul, 381	ANWN	62.75		0		
0		LAUBSER, Leon, 46	ACNW	DNR		0		
0		KRIEL, Pieter, 86	ACNW	DNR		0		
0		LIEBENBERG, Nico, 332	AGNIND	DNR		0		
Item 20	12:15	Heat 1 of 2 Women Senior 400m Hurdles				0.762m		
1		NEL, Wenda, 185	AGN	0:55.17		0		
2		TSETSEWA, Cynthia, 35	ACNW	1:00.73		0		
3		JOSEPH, Rogail, 441	BOLA	1:01.64		0		
4		MORAKE, Gontse, 291	AGNIND	1:02.18		0		
5		VISSER, Bianca, 286	AGNIND	1:04.03		0		
Item 20	12:15	Heat 2 of 2 Women Senior 400m Hurdles				0.762m		
1		VAN DER WALT, Zeney, 174	AGN	0:59.17		0		
2		MOOLMAN, Anneri, 117	AFS	0:59.52		0		
3		SENEKAL, Jean-mare, 438	BOLA	0:59.65		0		
4		VAN DER MERWE, Belindi, 176	AGN	1:00.38		0		
5		VERCUIEL, Juli, 652	WPA	1:01.57		0		
6		VISSER, Nerina, 362	AMPU	1:04.78		0		
Item 21	12:35	Final Men U18 (Youth) LongJump Decathlon						
1		DE LA REY, Zaine, 96	AFS	6.38		670		-0.3
2		MACKENZIE, Ronaldo, 431	BOLA	6.07		602		-0.1
3		HOFFMEISTER, Stefan, 681	WP IND	5.49		479		-0.5
4		SPRUYT, Rainer, 359	AMPU	5.38		457		+2.3

lbiRelavAthletes
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Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
5		VAN ZYL, Rikus, 42	ACNW	5.34		449	+0.0	
Item 22 12:35 Final Men U20 (Junior) LongJump Decathlon								
1		MARAIS, Daniel, 682	WP IND	5.95		576	+0.2	
1		JOSHUA, Nurdeen, 683	WP IND	5.95		576	+0.3	
3		COETZEE, Grove, 99	AFS	5.39		459	-1.1	
Item 23 12:35 Final Men Senior LongJump Decathlon								
1		PRETORIUS, Fredriech, 256	AGN	7.40		910	-0.1	
2		COERTZEN, Willem, 72	ACNW	6.98		809	-0.1	
3		DE JAGER, Marcelle, 141	AFS	6.80		767	-0.1	
4		MATSEKANE, Katleho, 420	AVT	6.77		760	-1.0	
5		MC GLADDERY, Duncan, 214	AGN	6.56		711	+0.5	
6		VAN DER BERG, Lee, 55	ACNW	6.47		691	-0.4	
7		BEUKES, Hennie, 450	BOLA	6.21		632	+1.7	
8		BARNARD, Brandon, 44	ACNW	6.14		617	-0.4	
9		WEPERER, Terrence, 687	WP IND	6.02		591	+0.4	
10		SWANEPOEL, Gert, 267	AGN	6.01		589	-1.8	
11		VAN BILJON, Jc, 135	AFS	4.20		239	+1.0	
Item 24 12:35 Heat 1 of 4 Women Senior 100m +0.6								
1		HORN, Carina, 196	AGN	11.13		0		
2		VAN DER NEST, Simone, 495	CGA	11.87		0		
3		PHILLIPS, Meghan, 189	AGN	11.99		0		
4		SMITH, Elmè, 111	AFS	12.00		0		
5		MARNCE, Shanice, 620	KZNA	12.04		0		
6		VAN TONDER, Chante, 492	CGA	12.07		0		
7		VAN WYK, Anel, 13	ACNW	12.16		0		
8		KGADIMA, Prudence, 283	AGNIND	12.52		0		
Item 24 12:35 Heat 2 of 4 Women Senior 100m +2.1								
1		CONLEY, Alyssa, 516	CGA	11.29		0		
2		PIETERSE, Lente, 24	ACNW	11.64		0		
3		JONES, Cherese, 197	AGN	11.83		0		
4		MOLOI, Reabetswe, 290	AGNIND	11.94		0		
5		DU PLESSIS, Elsabe, 606	EPA	12.09		0		
6		VERMEULEN, Jean-marie, 282	AGNIND	12.29		0		
7		BOTHA, Soleil, 617	EPAIND	12.38		0		
Item 24 12:35 Heat 3 of 4 Women Senior 100m +0.8								
1		MAMATU, Tebogo, 170	AGN	11.64		0		
2		XEYI, Rose, 188	AGN	11.84		0		
3		PRETORIUS, Samantha, 443	BOLA	11.92		0		
4		SAMUELS, Chelsea, 649	WPA	12.21		0		
5		DU TOIT, Leana, 528	CGA	12.24		0		
6		NEL, Naomi, 361	AMPU	12.33		0		
0		UNDERHAY, Taylor, 513	CGA	DNR		0		
0		DU PLOOY, Simone, 296	AGNIND	DNR		0		
Item 24 12:35 Heat 4 of 4 Women Senior 100m -0.1								
1		THOMAS, Tamzin, 653	WPA	11.66		0		
2		PARKER, Nabeela, 648	WPA	11.83		0		
3		NEL, Valesca, 276	AGNIND	12.24		0		
4		MBISA, Joviale, 105	AFS	12.27		0		
5		VAN HEERDEN, Anja, 651	WPA	12.34		0		
6		VAN DERWESTHUIZEN, Sherine, 497	CGA	12.39		0		
7		MOSIME, Caroline, 292	AGNIND	12.46		0		
0		NEL, Marja-lise, 109	AFS	DNR		0		
Item 25 13:00 Heat 1 of 7 Men Senior 100m +0.3								
1		SIMBINE, Akani, 230	AGN	10.06		0		
2		MONARENG, Thembo, 247	AGN	10.41		0		
3		LEMAO, Tshenolo, 319	AGNIND	10.42		0		
4		MAARTENS, Hendrik, 130	AFS	10.49		0		
5		JOHNSON, Cheswill, 576	CGA	10.62		0		
6		RAMAGOLE, Kagiso, 421	AVT	10.63		0		
7		MAGWAI, Katlego, 640	LIMA	10.80		0		
8		TROTTER, Gideon, 158	AFS	11.09		0		
Item 25 13:00 Heat 2 of 7 Men Senior 100m +0.3								
1		ROTO, Thando, 249	AGN	10.30		0		
2		MOENG, Lebogang, 347	AGNIND	10.49		0		
3		NOBLE, Ethan, 672	WPA	10.63		0		
4		MOTSEPE, Nthando, 579	CGA	10.80		0		
5		MOTSWENYANE, Lebogang, 384	ANWN	10.80		0		
6		HLENGWA, Sanele, 406	ATRA	11.41		0		
0		DLAMINI, Archie, 594	CGAIND	DNR		0		
0		SETLHABI, Oratile, 161	AFSIND	DNR		0		
Item 25 13:00 Heat 3 of 7 Men Senior 100m -1.4								
1		VAN WYK, Chederick, 53	ACNW	10.62		0		

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
2		VAN TONDER, Leroux, 423	AVT	10.64		0		
3		WICKENS, Gerrit, 231	AGN	10.75		0		
4		BLOM, Antonio, 613	EPA	10.90		0		
5		VYFER, Iveyano, 470	BOLIND	11.05		0		
6		RUITERS, Kurt, 469	BOLIND	11.05		0		
7		SEPTEMBER, Andre, 664	WPA	11.35		0		
0		SABELO, Samkelo, 548	CGA	DNR		0		

Item 25 13:00 Heat 4 of 7 Men Senior 100m**-1.4**

1		VAN NIEKERK, Wayde, 137	AFS	10.22		0		
2		RANTHABANE, Thlapo, 134	AFS	10.47		0		
3		MLENGA, Retshidisitswe, 342	AGNIND	10.51		0		
4		MAHOLELA, Thapelo, 304	AGNIND	10.65		0		
5		MAOKA, Obakeng, 534	CGA	10.68		0		
6		ERASMUS, Rudolf, 585	CGA	10.81		0		
7		MOTALA, Shaahid, 151	AFS	11.13		0		
8		NKUNA, Karabo, 380	ANWN	11.44		0		

Item 25 13:00 Heat 5 of 7 Men Senior 100m**-0.1**

1		MAGAKWE, Simon, 693	ANWIND	10.39		0		
2		MICHAU, Keenan, 334	AGNIND	10.57		0		
3		ISMAIL, Yusuf, 677	WPA	10.68		0		
4		LINNEN, Tyler, 698	WPA	10.80		0		
5		AFRICA, Amaan, 464	BOLIND	10.81		0		
6		WILLIAMS, Dale, 612	EPA	10.90		0		
7		CORDIER, Donovan, 382	ANWN	10.96		0		
8		TLHAPOLOSA, Israel, 427	AVT	11.27		0		

Item 25 13:00 Heat 6 of 7 Men Senior 100m**+0.8**

1		JOBODWANA, Anaso, 637	KZNA	10.19		0		
2		BRUJNTJIES, Henricho, 251	AGN	10.19		0		
3		ENGEL, Roscoe, 670	WPA	10.42		0		
4		PIETERSE, Levert, 611	EPA	10.94		0		
5		KHUMALO, Zamani, 639	KZNIND	10.95		0		
6		PIETERS, Maritz, 63	ACNW	11.09		0		
7		KUTU, Gontse, 262	AGN	11.09		0		
0		MAIWASHE, Thabelo, 591	CGAIND	DNR		0		

Item 25 13:00 Heat 7 of 7 Men Senior 100m**+0.9**

1		ERASMUS, Emile, 253	AGN	10.31		0		
2		SESELE, Lebakeng, 324	AGNIND	10.39		0		
3		MPHOGO, Thuto, 372	AMPU	10.70		0		
4		FRANSE, Ashley, 467	BOLIND	10.73		0		
5		MASEKO, Lehlogonolo, 301	AGNIND	10.78		0		
6		OOSTHUIZEN, Lenku, 80	ACNW	10.83		0		
7		DE BRUIN, Darren, 317	AGNIND	11.20		0		
0		KABI, Tshepiso, 418	AVT	DNR		0		

Item 26 13:25 Final Women Mixed 100m (SASAPD)**Item 27 13:30 Final Men Mixed 100m (SASAPD)****Item 28 13:40 Heat 1 of 2 Women Senior 1500m**

1		BELING, Tylor, 106	AFS	04:29.74		0		
2		MENTZ, Marne, 107	AFS	04:30.20		0		
3		MARAIS, Stella, 169	AGN	04:30.60		0		
4		ROELOFSE, Lyndi, 523	CGA	04:31.78		0		
5		BRANDT, Mandie, 686	WP IND	04:35.68		0		
6		MARITZ, Liza, 270	AGNIND	04:38.44		0		
7		SHANGE, Yandiswa, 510	CGA	04:40.02		0		
8		COETZEE (T11), Louzanne, 113	AFS	05:04.68		0		
9		SEEMA, Lethabo, 278	AGNIND	05:10.44		0		
0		MOLOTSANE, Kesa, 118	AFS	DNR		0		

Item 28 13:40 Heat 2 of 2 Women Senior 1500m

1		VAN ZYL, Irvette, 173	AGN	04:36.18		0		
2		WEITZ, Simonay, 504	CGA	04:36.59		0		
3		LOUW, Nicole, 116	AFS	04:38.14		0		
4		MKHIZE, Happiness, 626	KZNA	04:38.64		0		
5		MASHISHI, Dipuo, 490	CGA	04:39.10		0		
6		VAN STADEN, Anelda, 494	CGA	04:44.11		0		
7		FERREIRA, Lizerie, 274	AGNIND	04:50.35		0		
8		RAMELA, Lebogang, 587	CGAIND	05:12.36		0		
0		PHEKO, Khotsofalo, 285	AGNIND	DNR		0		

Item 29 13:45 Final Men Senior Polevault

1		BEUKES, Eben, 219	AGN	5.00		0	G	
2		SMIT, Heinrich, 236	AGN	5.00		0	S	
3		VAN DER WATT, Eckhardt, 449	BOLA	4.90		0	B	

IbRelavAthletes
IbRelayAthletes

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
4		DE SWART, Jaun, 451	BOLA	4.70		0		
5		VAN WYK, Valco, 448	BOLA	4.70		0		
0		CELLIERS, Migaël, 220	AGN	NM		0		
0		NAUDE, Willie, 133	AFS	NM		0		

Item	30	14:00 Final Women Senior Javelin		600g				
1		VILJOEN, Sunette, 2	ACNW	63.49		0	G	WCQ
2		VAN DYK, Jo-anè, 12	ACNW	52.72		0	S	
3		WILKE, Megan, 25	ACNW	48.98		0	B	
4		BRITS, Tazmin, 33	ACNW	47.22		0		
5		NIEUWENHUIZEN, Carli, 22	ACNW	45.94		0		
6		LAMPRECHT, Leandri, 360	AMPU	45.27		0		
7		VAN VREDEN, Linda, 493	CGA	44.98		0		
8		BAILEY, Zandri, 647	WPA	44.59		0		
9		GERMISHUYS, Anneke, 436	BOLA	41.27		0		
10		MOSTERT, Kelsy-ann, 293	AGNIND	39.67		0		
11		BIELDT, Danèl, 20	ACNW	39.43		0		
0		FERREIRA, Chante, 180	AGN	DNR		0		

Item	31	14:00 Heat 1 of 3 Men Senior 1500m						
1		MAKANE, Henry, 537	CGA	03:51.69		0		
2		DAMONS, Bruce-lynn, 658	WPA	03:54.84		0		
3		HLASELO, Dumizani, 569	CGA	03:55.38		0		
4		MALEBANE, Dais, 303	AGNIND	03:57.27		0		
5		OMPHILE, Molotsi, 343	AGNIND	04:01.82		0		
6		PHEKO, Khotsofalo, 330	AGNIND	04:02.27		0		
7		BESTER, Robert, 315	AGNIND	04:03.92		0		
8		MATHISO, Sakhumzi, 397	ATRA	04:09.57		0		
9		NOGCANTSI, Kwazi, 409	ATRA	04:25.31		0		
0		SMIT (T36), Shane, 570	CGA	DNR		0		
0		GROENEVELDT, Llewellyn, 468	BOLIND	DNR		0		

Item	31	14:00 Heat 2 of 3 Men Senior 1500m						
1		MOTSAU, Jerry, 76	ACNW	03:52.98		0		
2		SEHOLE, Folario, 369	AMPU	03:53.64		0		
3		ANDREAS, Jeromy, 571	CGA	03:54.83		0		
4		BOTHOLO, Solomon, 240	AGN	03:56.72		0		
5		KOOPMAN, Jason, 688	WP IND	03:57.99		0		
6		NOBANDA, Thusile, 408	ATRA	04:01.75		0		
7		MAKOASHA, Mahlatse, 305	AGNIND	04:03.07		0		
8		MOTHOA, Nelson, 643	LIMA	04:10.28		0		
9		NAZO, Avela, 399	ATRA	04:24.26		0		
0		MEINTJIES, Ruan, 142	AFS	DNR		0		
0		NDLOVU, Siyabonga, 314	AGNIND	DNR		0		

Item	31	14:00 Heat 3 of 3 Men Senior 1500m						
1		DERISON, Treasure, 140	AFS	03:53.78		0		
2		SIBIYA, Nkosinathi, 636	KZNA	03:54.02		0		
3		MPHAHLELE, Ryan, 583	CGA	03:58.26		0		
4		SWANEPOEL, Clinton, 596	CGAIND	03:59.23		0		
5		MORE, Lehlogonolo, 346	AGNIND	04:00.68		0		
6		MOTLOUNG, Malefetsane, 156	AFS	04:00.98		0		
7		MOKUBUNG, Paseka, 349	AGNIND	04:02.31		0		
8		NTSOTHO, Awethu, 411	ATRA	04:11.07		0		
9		NDABAKAYISE, Anele, 401	ATRA	04:33.13		0		
0		MOSIAKO, Thabang, 77	ACNW	DNR		0		
0		WARRIES, Tyler, 311	AGNIND	DNR		0		

Item	32	14:00 Final Women U18 (Youth) Shotput Heptathlon						
1		BOTHA, Ancke, 487	CGA	14.50		827		
2		KETCH, Leandre, 430	BOLA	11.68		640		
3		THERON, Liezl, 164	AGN	10.65		572		
4		OPPERMAN, Annica, 386	ASWD	10.51		563		
5		SOLARIN, Esther, 165	AGN	10.22		544		
6		DONOUGH, Ameerah, 646	WPA	09.73		512		
7		DE KLERK, Xante, 413	AVT	09.67		508		
8		VAN JAARVELD, Liane, 486	CGA	08.69		444		
9		VAN ZYL, Anina, 6	ACNW	08.64		441		
0		SCHOEMAN, Bianca, 412	AVT	DNR		0		
0		ENGELBRECHT, Carli, 414	AVT	DNR		0		
0		FERREIRA, Chante, 163	AGN	DNR		0		

Item	33	14:00 Final Women U20 (Junior) Shotput Heptathlon						
1		VON ALLEMAN, Elizna, 4	ACNW	09.84		519		
2		KRUGER, Jone', 5	ACNW	09.61		504		
3		VAN BERS, Cindy, 166	AGN	09.05		467		
4		VERSTER, Shannon, 619	KZNA	07.96		397		

Item	34	14:00 Final Women Senior Shotput Heptathlon		4.000kg				
1		DU TOIT, Nienka, 445	BOLA	13.27		745		

IbIRelayAthletes

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
2		SCHOEMAN,Nicola, 179	AGN	10.34		552		
3		SALIM,Anri, 11	ACNW	09.90		523		
4		KIRSTEN,Danica, 21	ACNW	08.88		456		
5		VAN GRAAN,Sherica, 491	CGA	07.60		374		
Item 35 14:20 Heat 1 of 3 Women Senior 400m								
1		SEMENYA,Caster, 1	ACNW	0:54.05		0		
2		LE ROUX,Amoure, 503	CGA	0:55.80		0		
3		MEYER,Soandri, 184	AGN	0:56.31		0		
4		SELEKA,Boitumelo, 374	ANWN	0:56.90		0		
5		MOOLMAN,Done, 199	AGN	0:57.35		0		
6		SANDER,Carien, 101	AFS	0:57.69		0		
7		SEDDON,Cayla, 601	EPA	0:58.20		0		
8		REITZ,Marietjie, 277	AGNIND	1:00.64		0		
Item 35 14:20 Heat 2 of 3 Women Senior 400m								
1		PALFRAMAN,Justine, 434	BOLA	0:54.92		0		
2		VAN TONDER,Sonja, 650	WPA	0:55.47		0		
3		RAMONNYYE,Rorisang, 373	ANWN	0:55.73		0		
4		HOLTON,Danel, 28	ACNW	0:55.88		0		
5		LOMBAARD,Bellanca, 30	ACNW	0:56.44		0		
6		BOTHA,Lizhare, 605	EPA	0:57.27		0		
7		LIEBENBERG,Anrune, 439	BOLA	0:58.02		0		
Item 35 14:20 Heat 3 of 3 Women Senior 400m								
1		VILJOEN,Marlie, 287	AGNIND	0:55.22		0		
2		NEL,Ariane, 18	ACNW	0:55.25		0		
3		LUTZ,Julia Ann, 529	CGA	0:56.61		0		
4		VAN DYK,Mariska, 272	AGNIND	0:57.32		0		
5		ALBERTS,Sune, 26	ACNW	0:57.54		0		
6		VAN HEERDEN,Monet, 102	AFS	0:59.82		0		
0		KELLERMAN,Liza, 502	CGA	DNR		0		
Item 37 15:00 Final Women Senior TripleJump								
1		KINGWILL,Kelly, 603	EPA	13.55		0	G	+0.5
2		CHABANGU,Zinzi, 505	CGA	13.20		0	S	-0.6
3		NTSINGILA,Patience, 526	CGA	13.06		0	B	+1.0
4		BENSUSAN,Helga Wendy, 499	CGA	12.16		0		-0.5
5		PHERANE,Moleboheng, 110	AFS	12.03		0		+0.5
6		DOMBENI,Mahlatsi, 289	AGNIND	11.99		0		+3.0
7		LOUWRENS,Suneel, 462	BOLIND	11.95		0		+0.9
8		VISAGIE,Taylia, 192	AGN	11.24		0		-0.2
9		NGOMANE,Njabuliso, 284	AGNIND	11.01		0		-0.1
Item 38 15:00 Heat 1 of 7 Men Senior 400m								
1		CONRADIE,Pieter, 71	ACNW	0:46.26		0		
2		SITHOLE,Bongani, 146	AFS	0:47.25		0		
3		PENNELS,Quinton, 556	CGA	0:47.62		0		
4		MUDIMELI,Phatuwani, 92	ACNW	0:47.95		0		
5		BISSCHOP,Braam, 227	AGN	0:48.16		0		
6		KHUZWAYO,Simon, 61	ACNW	0:48.64		0		
7		MDLULI,Thabiso, 313	AGNIND	0:49.48		0		
Item 38 15:00 Heat 2 of 7 Men Senior 400m								
1		HLUNGWANI,Ashley, 234	AGN	0:46.16		0		
2		KOEKEMOER,Berend, 615	EPA	0:46.94		0		
3		NJUBENI,Nkululeko, 565	CGA	0:47.88		0		
4		KOTSEDI,Motheo, 74	ACNW	0:48.42		0		
5		SEPOTOKELE,Letlhogonolo, 327	AGNIND	0:48.50		0		
6		KGAGARA,Itumeleng, 328	AGNIND	0:51.02		0		
0		MORAKE,Karabelo, 152	AFS	DNF		0		
Item 38 15:00 Heat 3 of 7 Men Senior 400m								
1		DIKGALE,Ranti, 228	AGN	0:45.74		0		
2		NZWANZWA,Anele, 358	AGNIND	0:47.16		0		
3		BRUWER,Stephan, 83	ACNW	0:47.42		0		
4		MATLALA,Frans, 540	CGA	0:47.71		0		
5		MAGWAI,Katlego, 640	LIMA	0:48.30		0		
6		PRINSLOO,Ivan, 218	AGNIND	0:50.57		0		
0		JONDA,Thomas, 149	AFS	DNS		0		
Item 38 15:00 Heat 4 of 7 Men Senior 400m								
1		ZAZINI,Sokwakhana, 312	AGNIND	0:47.28		0		
2		RABULONYANA,Lufuno, 52	ACNW	0:47.80		0		
3		MARICH,Nikolas, 538	CGA	0:48.93		0		
4		OLIPHANT,Unathi, 148	AFS	0:50.68		0		
5		MAKOKOE,Goitseone, 618	GWA	1:01.32		0		
0		SELEBE,Tebogo, 558	CGA	DNS		0		
Item 38 15:00 Heat 5 of 7 Men Senior 400m								
1		NENE,Zakithi, 635	KZNA	0:48.01		0		

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
2		SEELIGER, Jon, 224	AGN	0:48.27		0		
3		VILJOEN, Jansen, 336	AGNIND	0:48.42		0		
4		TRUTER, Pierre, 595	CGAIND	0:48.60		0		
5		JONKER, Gert, 575	CGA	0:48.88		0		
6		PRINSLOO, Bennie, 157	AFS	0:49.47		0		
0		RAMOKOKA, Jacob, 377	ANWN	DNR		0		

Item 38 15:00 Heat 6 of 7 Men Senior 400m

1		PULE, Koketso, 385	ANWN	0:48.47		0		
2		ISAACS, Gardeo, 457	BOLA	0:48.56		0		
2		HAVENGA, Petr, 126	AFS	0:48.56		0		
4		FOURIE, Devinto, 407	ATRA	0:48.60		0		
5		BARNES, Andrew, 298	AGNIND	0:48.66		0		
6		MODISHANA, Thapelo, 350	AGNIND	0:49.66		0		
0		MOGAWANE, Ofentse, 348	AGNIND	DNR		0		

Item 38 15:00 Heat 7 of 7 Men Senior 400m

1		PHORA, Thapelo, 225	AGN	0:46.33		0		
2		MAVUNDLA, Oscar, 209	AGN	0:46.91		0		
3		FLAGG, Jaden, 454	BOLA	0:47.56		0		
4		SWART, Peet, 93	ACNW	0:49.68		0		
5		GIQO, Chuma, 480	BORA	0:53.83		0		
0		MBUDULA, Xolani, 593	CGAIND	DNR		0		
0		VRIES, Marco, 697	NWCA	DNR		0		
0		DE VOS, Phillip, 316	AGNIND	DNR		0		

Item 39 15:20 Final Men Mixed 400m (SASAPD)**Item 40 15:30 Final Men Senior Discus**

2.000kg

1		VAN HEERDEN, Dewald, 551	CGA	56.61		0	G	
2		KEMP, Brynn-peter, 452	BOLA	55.12		0	S	
3		DUVENHAGE, Patrick, 260	AGN	55.08		0	B	
4		VISSER, Werner, 563	CGA	53.51		0		
5		MARAIS, Naas, 368	AMPU	46.92		0		
6		BLOM, Manie, 340	AGNIND	46.47		0		
7		PIENAAR, Roland, 162	AFSIND	43.73		0		

Item 41 15:30 Final Men U18 (Youth) Shotput Decathlon

1		MACKENZIE, Ronaldo, 431	BOLA	12.42		632		
2		SPRUJT, Rainer, 359	AMPU	11.32		565		
3		VAN ZYL, Rikus, 42	ACNW	11.20		558		
4		DE LA REY, Zaine, 96	AFS	11.00		546		
5		HOFFMEISTER, Stefan, 681	WP IND	09.89		479		

Item 42 15:30 Final Men U20 (Junior) Shotput Decathlon

1		COETZEE, Grove, 99	AFS	13.50		698		
2		JOSHUA, Nurdeen, 683	WP IND	09.90		480		
3		MARAIS, Daniel, 682	WP IND	09.22		439		

Item 43 15:30 Final Men Senior Shotput Decathlon

7.260kg

1		DE JAGER, Marcelle, 141	AFS	14.20		741		
2		PRETORIUS, Fredrie, 256	AGN	13.69		709		
3		WEPERER, Terrence, 687	WP IND	12.26		622		
4		VAN BILJON, Jc, 135	AFS	12.04		609		
4		BARNARD, Brandon, 44	ACNW	12.04		609		
6		MC GLADDERY, Duncan, 214	AGN	11.96		604		
6		SWANEPOEL, Gert, 267	AGN	11.96		604		
8		VAN DER BERG, Lee, 55	ACNW	10.87		538		
9		MATSEKANE, Katleho, 420	AVT	10.83		536		
10		BEUKES, Hennie, 450	BOLA	10.04		488		
0		COERTZEN, Willem, 72	ACNW	DNS		0		

Item 44 15:35 Semi Final 1 of 2 Women Senior 100m

+0.3

1		HORN, Carina, 196	AGN	11.10		0		=WCQ
2		MAMATU, Tebogo, 170	AGN	11.34		0		
3		PARKER, Nabeela, 648	WPA	11.50		0		
4		MARNCE, Shanice, 620	KZNA	11.88		0		
5		PHILLIPS, Meghan, 189	AGN	11.98		0		
6		MOLOI, Reabetswe, 290	AGNIND	11.99		0		
0		JONES, Cherese, 197	AGN	Disq		0		
0		PRETORIUS, Samantha, 443	BOLA	DNR		0		

Item 44 15:35 Semi Final 2 of 2 Women Senior 100m

-2.5

1		CONLEY, Alyssa, 516	CGA	11.42		0		
2		THOMAS, Tamzin, 653	WPA	11.67		0		
3		XEYI, Rose, 188	AGN	11.81		0		
4		PIETERSE, Lente, 24	ACNW	11.82		0		
5		NEL, Valesca, 276	AGNIND	12.20		0		
6		SMITH, Elmè, 111	AFS	12.23		0		
7		VAN TONDER, Chante, 492	CGA	12.25		0		

IbRelavAthletes
IbRelayAthletes

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		VAN DER NEST, Simone, 495	CGA	Disq		0		
Item 45	15:50	Semi Final 1 of 3 Men Senior 100m				+0.2		
1		SIMBINE, Akani, 230	AGN	09.94		0		WCQ
2		ROTO, Thando, 249	AGN	10.12		0		
3		VAN WYK, Chederick, 53	ACNW	10.43		0		
4		VAN TONDER, Leroux, 423	AVT	10.44		0		
5		RANTHABANE, Thlapo, 134	AFS	10.52		0		
6		LEMAO, Tshenolo, 319	AGNIND	10.53		0		
7		ISMAIL, Yusuf, 677	WPA	10.60		0		
0		MAARTENS, Hendrik, 130	AFS	Disq		0		
Item 45	15:50	Semi Final 2 of 3 Men Senior 100m				-0.8		
1		BRUINTJIES, Henricho, 251	AGN	10.19		0		
2		ERASMUS, Emile, 253	AGN	10.22		0		
3		JOBODWANA, Anaso, 637	KZNA	10.24		0		
4		ENGEL, Roscoe, 670	WPA	10.45		0		
5		MOENG, Lebogang, 347	AGNIND	10.55		0		
6		NOBLE, Ethan, 672	WPA	10.62		0		
7		MPHOGO, Thuto, 372	AMPU	10.91		0		
0		JOHNSON, Cheswill, 576	CGA	DNR		0		
Item 45	15:50	Semi Final 3 of 3 Men Senior 100m				-0.4		
1		VAN NIEKERK, Wayde, 137	AFS	10.05		0		
2		MAGAKWE, Simon, 693	ANWIND	10.38		0		
3		SESELE, Lebakeng, 324	AGNIND	10.38		0		
4		WICKENS, Gerrit, 231	AGN	10.54		0		
5		MICHAU, Keenan, 334	AGNIND	10.63		0		
6		RAMAGOLE, Kagiso, 421	AVT	10.64		0		
7		MLENGA, Retshiditswe, 342	AGNIND	10.65		0		
0		MONARENG, Thembo, 247	AGN	DNR		0		
Item 46	16:05	Final Results Women U18 (Youth) 200m Heptathlon						
1		DE KLERK, Xante, 413	AVT	26.21		779		
2		THERON, Liezl, 164	AGN	26.40		763		
3		VAN JAARVELD, Liane, 486	CGA	26.97		714		
4		VAN ZYL, Anina, 6	ACNW	27.30		687		
5		SOLARIN, Esther, 165	AGN	27.44		676		
6		DONOUGH, Ameerah, 646	WPA	27.47		673		
7		OPPERMAN, Annica, 386	ASWD	28.00		631		
8		KETCH, Leandre, 430	BOLA	28.16		618		
9		BOTHA, Ancke, 487	CGA	28.91		561		
0		SCHOEMAN, Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT, Carli, 414	AVT	DNR		0		
0		FERREIRA, Chante, 163	AGN	DNR		0		
Item 46	16:05	Final 1 of 2 Women U18 (Youth) 200m Heptathlon				+0.6		
1		DE KLERK, Xante, 413	AVT	26.21		779		
2		SOLARIN, Esther, 165	AGN	27.44		676		
3		DONOUGH, Ameerah, 646	WPA	27.47		673		
4		OPPERMAN, Annica, 386	ASWD	28.00		631		
5		KETCH, Leandre, 430	BOLA	28.16		618		
6		BOTHA, Ancke, 487	CGA	28.91		561		
Item 46	16:05	Final 2 of 2 Women U18 (Youth) 200m Heptathlon				-1.5		
1		THERON, Liezl, 164	AGN	26.40		763		
2		VAN JAARVELD, Liane, 486	CGA	26.97		714		
3		VAN ZYL, Anina, 6	ACNW	27.30		687		
0		SCHOEMAN, Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT, Carli, 414	AVT	DNR		0		
0		FERREIRA, Chante, 163	AGN	DNR		0		
Item 47	16:20	Final Women U20 (Junior) 200m Heptathlon				-1.7		
1		VAN BERS, Cindy, 166	AGN	25.60		833		
2		KRUGER, Jone', 5	ACNW	26.39		763		
3		VERSTER, Shannon, 619	KZNA	26.69		738		
4		VON ALLEMAN, Elizna, 4	ACNW	28.21		614		
Item 48	16:35	Final Women Senior 200m Heptathlon				-1.0		
1		DU TOIT, Nienka, 445	BOLA	25.83		812		
2		SCHOEMAN, Nicola, 179	AGN	25.87		809		
3		SALIM, Anri, 11	ACNW	27.55		667		
4		VAN GRAAN, Sherica, 491	CGA	28.99		555		
5		KIRSTEN, Danica, 21	ACNW	30.57		443		
Item 49	16:50	Final Women Senior 5000m						
1		MOLOTSANE, Kesa, 118	AFS	16:22.30		0		G
2		VAN ZYL, Irvette, 173	AGN	16:28.53		0		S
3		CONRAD, Nolene, 657	WPA	16:32.51		0		B
4		MAKHANYA, Mapaseka, 489	CGA	16:36.49		0		
5		XABA, Glenrose, 178	AGN	16:39.34		0		

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Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
6		GELDERBLOM,Sherilene, 16	ACNW	17:26.28		0		
7		BOSMAN,Casey, 515	CGA	17:43.18		0		
8		VAN DER MERWE,Nicole, 496	CGA	18:02.78		0		
9		BOMVANA,Lusanda, 394	ATRA	18:35.26		0		
10		MADOA,Pam, 10	ACNW	18:48.57		0		
11		TYWALANA,Ntombomzi, 396	ATRA	19:58.55		0		
12		DEMPSTER,Megan, 599	EPA	20:01.10		0		
13		SINOBOM,Willie, 393	ATRA	20:13.22		0		
0		LEBALLO,Louisa, 182	AGN	DNR		0		
0		MCCLOUD,Bernadene, 15	ACNW	DNR		0		
0		MKHIZE,Thobile, 625	KZNA	DNR		0		

Item 50 17:15 Final Men Mixed Javelin (SASAPD - MIXED GENDER)**Item 51 17:15 Final Men U18 (Youth) HighJump Decathlon**

1		MACKENZIE,Ronaldo, 431	BOLA	1.85		670		
2		DE LA REY,Zaine, 96	AFS	1.76		593		
3		HOFFMEISTER,Stefan, 681	WP IND	1.64		496		
4		SPRUYT,Rainer, 359	AMPU	1.61		472		
5		VAN ZYL,Rikus, 42	ACNW	1.61		472		

Item 52 17:15 Final Men U20 (Junior) HighJump Decathlon

1		COETZEE,Grove, 99	AFS	1.64		496		
2		MARAIS,Daniel, 682	WP IND	1.64		496		
3		JOSHUA,Nurdeen, 683	WP IND	1.50		389		

Item 53 17:15 Final Men Senior HighJump Decathlon

1		PRETORIUS,Fredriech, 256	AGN	1.97		776		
2		SWANEPOEL,Gert, 267	AGN	1.91		723		
3		WEPPERER,Terrence, 687	WP IND	1.91		723		
4		MC GLADDERY,Duncan, 214	AGN	1.88		696		
5		DE JAGER,Marcelle, 141	AFS	1.85		670		
6		VAN BILJON,Jc, 135	AFS	1.85		670		
7		VAN DER BERG,Lee, 55	ACNW	1.85		670		
8		BEUKES,Hennie, 450	BOLA	1.82		644		
9		MATSEKANE,Katleho, 420	AVT	1.70		544		
10		BARNARD,Brandon, 44	ACNW	1.67		520		
0		COERTZEN,Willem, 72	ACNW	DNR		0		

Item 54 17:15 Heat 1 of 6 Men Senior 800m

1		VAN RENSBURG,Rynardt, 138	AFS	1:49.99		0		
2		KUSCHE,George, 263	AGN	1:50.09		0		
3		MATIWANE,Thabang, 543	CGA	1:50.55		0		
4		VAN ROOYEN,Dylan, 422	AVT	1:50.88		0		
5		PIETERSE,Emile, 64	ACNW	1:53.85		0		
6		PRINSLOO,Bennie, 157	AFS	1:54.25		0		
7		RAMOLEFI,Ruben, 645	NWCA	2:01.91		0		

Item 54 17:15 Heat 2 of 6 Men Senior 800m

1		MOHLOSI,Kabelo, 692	ANWIND	1:50.53		0		
2		NAUDE,Hannes, 132	AFS	1:51.46		0		
3		NCAMANE,Jabolane, 215	AGN	1:51.82		0		
4		GROBLER,Gronighan, 84	ACNW	1:51.90		0		
5		COETZEE,Cuan, 482	BORA	1:57.32		0		
0		VRIES,Marco, 697	NWCA	DNR		0		
0		MADIBA,Thapelo, 535	CGA	DNR		0		

Item 54 17:15 Heat 3 of 6 Men Senior 800m

1		MOTHOSOLO,William, 370	AMPU	1:51.54		0		
2		ROZANI,Jacob, 691	ANWIND	1:51.96		0		
3		OLIVIER,Andre, 66	ACNW	1:52.20		0		
4		LEXTON,Swigelaar, 322	AGNIND	1:52.77		0		
5		MADUWA,Phelani, 419	AVT	1:53.15		0		
6		MTHIMKULU,Sikhalo, 355	AGNIND	2:03.09		0		
0		PIENAAR,Leon, 335	AGNIND	DNR		0		

Item 54 17:15 Heat 4 of 6 Men Senior 800m

1		MADIMA,Themba, 207	AGN	1:50.74		0		
2		CUNUKELO,Mafika, 586	CGA	1:52.57		0		
3		JONCK,Ruan, 150	AFS	1:53.85		0		
4		MEYER,Andre, 323	AGNIND	1:55.97		0		
0		MANONG,Lehlognolo, 590	CGAIND	DNR		0		
0		ROOS,Paul, 81	ACNW	DNR		0		
0		NDABAKAYISE,Anele, 401	ATRA	DNS		0		

Item 54 17:15 Heat 5 of 6 Men Senior 800m

1		TSHITE,Tshepo, 90	ACNW	1:51.82		0		
2		UYS,Henco, 95	ACNW	1:52.15		0		
3		MACHABA,Tumelo, 50	ACNW	1:52.29		0		
4		LEWIS,Ngwenya, 320	AGNIND	1:53.41		0		

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Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
5		BERRANGE, Wilhelm, 378	ANWN	1:55.56		0		
0		WIID, Fourie, 337	AGNIND	DNR		0		
0		GROENEVELDT, Llewellyn, 468	BOLIND	DNS		0		
Item 54 17:15 Heat 6 of 6 Men Senior 800m								
1		BASSON, Tian, 366	AMPU	1:54.85		0		
2		EBERSOHN, Abrie, 424	AVT	1:55.49		0		
3		MADONSELA, Vuni, 308	AGNIND	1:55.75		0		
4		NOBANDA, Thusile, 408	ATRA	1:56.09		0		
5		TSOTETSI, Stix, 429	AVT	1:57.86		0		
6		GIQO, Chuma, 480	BORA	2:08.29		0		
0		SMIT (T36), Shane, 570	CGA	DNR		0		
0		MUNNIK, James, 160	AFS	DNR		0		
Item 55 17:40 Heat 1 of 3 Women Senior 800m								
1		LOFSTRAND, Gena, 628	KZNA	2:09.22		0		
2		NICE, Anuscha, 191	AGN	2:09.37		0		
3		MULLER, Niene, 203	AGN	2:09.50		0		
4		SWIEGERS, Carina, 41	ACNW	2:11.95		0		
5		VILIKAZI, Thobile, 512	CGA	2:15.52		0		
6		COETZEE (T11), Louzanne, 113	AFS	2:33.84		0		
Item 55 17:40 Heat 2 of 3 Women Senior 800m								
1		SEMENYA, Caster, 1	ACNW	2:08.05		0		
2		DU PLESSIS, Danel, 39	ACNW	2:13.18		0		
3		BOON, Rhode, 417	AVT	2:15.59		0		
4		KELLERMAN, Liza, 502	CGA	2:19.54		0		
0		TSEPANG, Sello, 122	AFS	DNR		0		
0		WEITZ, Simonay, 504	CGA	DNF		0		
Item 55 17:40 Heat 3 of 3 Women Senior 800m								
1		BLAKE, Lee Anne, 288	AGNIND	2:14.97		0		
2		SENOSI, Keletso, 186	AGN	2:15.08		0		
3		MARAI, Danette, 269	AGNIND	2:19.07		0		
0		SEEMA, Malethabo, 279	AGNIND	DNR		0		
0		POPP, Taylor Ann, 471	BORA	DNF		0		
Item 56 18:00 Final Men Senior 400m Hurdles 0.914m								
1		HAMMAN, Leroux, 204	AGN	0:49.35		0	G	
2		VAN ZYL, Lj, 212	AGN	0:49.52		0	S	
3		PRETORIUS, Constant, 257	AGN	0:49.83		0	B	
4		MAREE, Linford, 447	BOLA	0:50.99		0		
5		EKSTEEN, Elshami, 147	AFS	0:51.42		0		
6		MOGAWANE, Kefilwe, 246	AGN	0:51.90		0		
7		BORNMAN, Marcus, 344	AGNIND	0:52.49		0		
8		GARA, Lindokhule, 300	AGNIND	0:53.37		0		
Item 57 18:15 Final Women Senior 400m Hurdles 0.762m								
1		NEL, Wenda, 185	AGN	0:55.16		0	G	
2		MOOLMAN, Anneri, 117	AFS	0:58.37		0	S	
3		VAN DER WALT, Zeney, 174	AGN	0:58.90		0	B	
4		SENEKAL, Jean-mare, 438	BOLA	0:59.10		0		
5		VAN DER MERWE, Belindi, 176	AGN	1:00.25		0		
6		JOSEPH, Rogail, 441	BOLA	1:00.85		0		
7		VERCUIEL, Juli, 652	WPA	1:01.19		0		
8		TSETSEWA, Cynthia, 35	ACNW	1:01.48		0		
Item 58 18:30 Final Women Senior 100m -0.2								
1		CONLEY, Alyssa, 516	CGA	11.41		0	G	
2		MAMATU, Tebogo, 170	AGN	11.44		0	S	
3		PARKER, Nabeela, 648	WPA	11.56		0	B	
4		THOMAS, Tamzin, 653	WPA	11.59		0		
5		PIETERSE, Lente, 24	ACNW	11.73		0		
6		XEYI, Rose, 188	AGN	12.01		0		
7		MARNCE, Shanice, 620	KZNA	12.13		0		
0		HORN, Carina, 196	AGN	DNS		0		
Item 59 18:40 Final Men Senior 100m -0.7								
1		SIMBINE, Akani, 230	AGN	09.95		0	G	WCQ
2		VAN NIEKERK, Wayde, 137	AFS	10.04		0	S	
3		ROTO, Thando, 249	AGN	10.04		0	B	
4		BRUINTJIES, Henricho, 251	AGN	10.17		0		
5		ERASMUS, Emile, 253	AGN	10.29		0		
6		SESELE, Lebakeng, 324	AGNIND	10.38		0		
0		JOBODWANA, Anaso, 637	KZNA	DNR		0		
0		MAGAKWE, Simon, 693	ANWIND	DNF		0		
Item 60 18:50 Final Men U18 (Youth) 400m Decathlon								
1		SPRUYT, Rainer, 359	AMPU	0:53.34		667		
2		VAN ZYL, Rikus, 42	ACNW	0:53.67		653		
3		MACKENZIE, Ronaldo, 431	BOLA	0:54.13		634		

IbRelavAthletes
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Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
4		DE LA REY,Zaine, 96	AFS	0:56.98		522		
5		HOFFMEISTER,Stefan, 681	WP IND	0:57.15		515		
Item 61	19:00 Final Men U20 (Junior) 400m Decathlon							
1		JOSHUA,Nurdeen, 683	WP IND	0:53.68		653		
2		MARAIS,Daniel, 682	WP IND	0:54.26		629		
3		COETZEE,Grove, 99	AFS	0:58.69		459		
Item 62	19:10 FinalResults Men Senior 400m Decathlon							
1		PRETORIUS,Fredriech, 256	AGN	0:50.72		782		
2		VAN BILJON,Jc, 135	AFS	0:50.77		779		
3		SWANEPOEL,Gert, 267	AGN	0:51.11		764		
4		MC GLADDERY,Duncan, 214	AGN	0:51.15		762		
5		MATSEKANE,Katleho, 420	AVT	0:51.63		741		
6		BEUKES,Hennie, 450	BOLA	0:52.91		685		
7		VAN DER BERG,Lee, 55	ACNW	0:53.06		679		
8		DE JAGER,Marcelle, 141	AFS	0:53.12		676		
9		WEPERER,Terrence, 687	WP IND	0:54.69		611		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 62	19:10 Final 1 of 2 Men Senior 400m Decathlon							
1		PRETORIUS,Fredriech, 256	AGN	0:50.72		782		
2		VAN BILJON,Jc, 135	AFS	0:50.77		779		
3		VAN DER BERG,Lee, 55	ACNW	0:53.06		679		
4		DE JAGER,Marcelle, 141	AFS	0:53.12		676		
5		WEPERER,Terrence, 687	WP IND	0:54.69		611		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 62	19:10 Final 2 of 2 Men Senior 400m Decathlon							
1		SWANEPOEL,Gert, 267	AGN	0:51.11		764		
2		MC GLADDERY,Duncan, 214	AGN	0:51.15		762		
3		MATSEKANE,Katleho, 420	AVT	0:51.63		741		
4		BEUKES,Hennie, 450	BOLA	0:52.91		685		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
Item 63	19:20 Final Men Senior 5000m							
1		MOSIAKO,Thabang, 77	ACNW	14:03.84		0		G
2		GELANT,Elroy, 3	ACNW	14:05.59		0		S
3		MOKOKA,Stephen, 244	AGN	14:09.55		0		B
4		MELAMU,Kabelo, 554	CGA	14:23.83		0		
5		MOSHWETSI,Ntekele, 383	ANWN	14:31.28		0		
6		MATHIBA,Phillimon, 539	CGA	14:31.42		0		
7		MMONE,Joel, 67	ACNW	14:39.47		0		
8		BUTHELEZI,Philani, 258	AGN	14:39.99		0		
9		MOTLOUNG,Malefetsane, 156	AFS	14:46.13		0		
10		EESOU,Mariano, 609	EPA	14:48.30		0		
11		MULAUDZI,Collen, 357	AGNIND	14:51.10		0		
12		BOTHOBUTHLE,Lucas, 70	ACNW	14:52.39		0		
13		MOFOKENG,Puseletso, 428	AVT	14:52.87		0		
14		MTHEMBU,Pakiso, 159	AFS	14:54.39		0		
15		MAGWAI,Regnen, 208	AGN	15:00.39		0		
16		TIMOTHEUS,Anthony, 667	WPA	15:01.99		0		
17		WILDSCHUTT,Nadeel, 668	WPA	15:02.01		0		
18		RATZ,Rowhaldo, 661	WPA	15:07.03		0		
19		THOHLANE,Thabo, 145	AFS	15:12.38		0		
20		MBANJWA,Sipho, 634	KZNA	15:13.12		0		
21		ZAMKELE,Xolisani, 400	ATRA	15:16.97		0		
0		SELOLO,Teboho, 223	AGN	DNR		0		
0		LEKOPA,Dikotsi, 58	ACNW	DNR		0		
0		MOKOPANE,Rantso, 78	ACNW	DNR		0		
0		MAVUSO,Xaba, 49	ACNW	DNR		0		
0		DLEPU,Ruben, 390	ASWD	DNR		0		
0		MOTLAGALE,Tumelo, 581	CGA	DNR		0		
0		TSHOKOTSHA,Sive, 484	BORA	DNR		0		
0		ROSSOUW,Rudolf, 466	BOLIND	DNR		0		
0		NKONYENI,Aphelele, 405	ATRA	DNR		0		
0		VUYISILE,Tshoba, 266	AGN	DNR		0		
0		MTHEMBU,Kwanele, 354	AGNIND	DNR		0		
Item 65	19:50 Semi Final 1 of 3 Men Senior 400m							
1		DIKGALE,Ranti, 228	AGN	0:46.21		0		
2		PHORA,Thapelo, 225	AGN	0:46.27		0		
3		FLAGG,Jaden, 454	BOLA	0:47.20		0		
4		MATLALA,Frans, 540	CGA	0:48.32		0		
5		BRUWER,Stephan, 83	ACNW	0:48.69		0		
6		VILJOEN,Jansen, 336	AGNIND	0:48.83		0		
7		ISAACS,Gardeo, 457	BOLA	0:49.54		0		
8		PULE,Koketso, 385	ANWN	0:50.06		0		
Item 65	19:50 Semi Final 2 of 3 Men Senior 400m							

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
	1	ZAZINI, Sokwakhana, 312	AGNIND	0:46.70		0		
	2	HLUNGWANI, Ashley, 234	AGN	0:47.07		0		
	3	SEELIGER, Jon, 224	AGN	0:47.44		0		
	4	MAVUNDLA, Oscar, 209	AGN	0:47.46		0		
	5	SITHOLE, Bongani, 146	AFS	0:47.85		0		
	6	PENNELS, Quinton, 556	CGA	0:49.03		0		
	7	HAVENGA, Petr, 126	AFS	0:49.81		0		
	8	MUDIMELI, Phatuwani, 92	ACNW	0:49.98		0		

Item 65 19:50 Semi Final 3 of 3 Men Senior 400m

	1	CONRADIE, Pieter, 71	ACNW	0:46.26		0		
	2	NENE, Zakithi, 635	KZNA	0:46.54		0		
	3	NZWANZWA, Anele, 358	AGNIND	0:47.73		0		
	4	BISSCHOP, Braam, 227	AGN	0:47.78		0		
	5	NJUBENI, Nkululeko, 565	CGA	0:48.51		0		
	6	MARICH, Nikolas, 538	CGA	0:49.49		0		
	7	RABULONYANA, Lufuno, 52	ACNW	0:49.52		0		
	0	KOEKEMOER, Berend, 615	EPA	DNF		0		

Item 66 20:00 Semi Final 1 of 3 Men Senior 800m

	1	MOTHOSOLO, William, 370	AMPU	1:52.26		0		
	2	VAN RENSBURG, Rynardt, 138	AFS	1:52.76		0		
	3	CUNUKELO, Mafika, 586	CGA	1:53.61		0		
	4	MADUWA, Phelani, 419	AVT	1:54.63		0		
	5	JONCK, Ruan, 150	AFS	1:55.27		0		
	6	NAUDE, Hannes, 132	AFS	1:56.45		0		
	7	VAN ROOYEN, Dylan, 422	AVT	2:03.28		0		
	0	NCAMANE, Jabolane, 215	AGN	DNR		0		

Item 66 20:00 Semi Final 2 of 3 Men Senior 800m

	1	TSHITE, Tshepo, 90	ACNW	1:50.70		0		
	2	ROZANI, Jacob, 691	ANWIND	1:50.72		0		
	3	MOHLOSI, Kabelo, 692	ANWIND	1:52.12		0		
	4	MATIWANE, Thabang, 543	CGA	1:53.63		0		
	5	MACHABA, Tumelo, 50	ACNW	1:54.93		0		
	6	EBERSOHN, Abrie, 424	AVT	1:56.93		0		
	7	GROBLER, Gronighan, 84	ACNW	2:07.74		0		

Item 66 20:00 Semi Final 3 of 3 Men Senior 800m

	1	UYS, Henco, 95	ACNW	1:49.99		0		
	2	OLIVIER, Andre, 66	ACNW	1:50.15		0		
	3	KUSCHE, George, 263	AGN	1:50.31		0		
	4	BASSON, Tian, 366	AMPU	1:51.03		0		
	5	MADONSELA, Vuni, 308	AGNIND	1:52.68		0		
	6	LEXTON, Swigelaar, 322	AGNIND	1:57.39		0		
	0	MADIMA, Themba, 207	AGN	DNF		0		

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