

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
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Results of all Finals and Heats

Ordered by Program Sequence

Performance Scores: IAAF_2014 table, Electronic Time, Height above sea=1351

Item 67 06:30 Final Women Senior 20km Walk

1	OOSTHUIZEN,Anel, 522	CGA	1:38:53.00	0	G
2	LE ROUX,Natalie, 622	KZNA	1:46:14.00	0	S
3	SCHULTZ,Zelda, 621	KZNA	1:51:59.00	0	B
4	STAFFORD,Milandre, 36	ACNW	1:56:53.00	0	
5	POTGIETER,Althea, 32	ACNW	1:58:18.00	0	
6	MOKHELE,Mthatsi, 521	CGA	1:58:52.00	0	
0	BUYSIWE,Mazibuko, 527	CGA	Disq	0	
0	KLINK,Chanice, 193	AGN	Disq	0	
0	MATSEBA,Whitney, 271	AGNIND	Disq	0	

Item 68 06:45 Final Men Senior 20km Walk

1	SNYMAN,Wayne, 238	AGN	1:25:51.00	0	G
2	NDEBELE,Sizwe, 217	AGN	1:28:37.00	0	S
3	MAVANDLA,Mzwakhe, 544	CGA	1:32:45.00	0	B
4	PULE,Thumisang, 265	AGN	1:33:55.00	0	
5	MAHLANGU,Aron, 633	KZNA	1:34:15.00	0	
6	MNISI,Mthunzi, 237	AGN	1:38:25.00	0	
0	SHANGE,Lebogang, 561	CGA	Disq	0	
0	CHAUQUE,Mthembi, 144	AFS	Disq	0	
0	SEHEMO,Dannyboy, 326	AGNIND	DNF	0	

Item 69 06:55 Final Women U20 (Junior) 10km Walk

1	VILJOEN,Mizan, 97	AFS	0:51:48.00	0	G
2	KOEN,Annette, 7	ACNW	0:52:58.00	0	S

Item 69 06:55 Final Men U20 (Junior) 10km Walk

1	JACOBS,Francois, 432	BOLA	0:46:42.00	0	G
2	COLLING,Hunro, 433	BOLA	0:48:31.00	0	S
3	HEYMANS,Jacques, 98	AFS	0:50:19.00	0	B
4	KHALANI,Sylvester, 696	AGNIND	0:53:51.00	0	
5	NTLAPO,Vincent, 695	AGNIND	0:54:36.00	0	

Item 70 08:00 Final Women Senior 10000m

1	XABA,Glenrose, 178	AGN	34:56.12	0	G
2	JOUBERT,Cornelia, 520	CGA	35:12.32	0	S
3	MAKHANYA,Mapaseka, 489	CGA	35:26.89	0	B
4	SHAI,Maria, 509	CGA	35:41.62	0	
5	SIMAE,Bulelwa, 655	WPA	35:53.32	0	
6	BOMVANA,Lusanda, 394	ATRA	36:32.67	0	
7	DLADLA,Puseletso, 627	KZNA	37:18.36	0	
8	MJOLI,Monwabisi, 623	KZNA	38:20.97	0	
9	MKHIZE,Bathobile, 624	KZNA	38:51.74	0	
10	SWANEPOEL,Maryna, 124	AFS	39:04.00	0	
0	SCOTT,Tanya, 684	WP IND	DNR	0	
0	LEBALLO,Louisa, 182	AGN	DNR	0	

Item 71 09:00 Final Women U18 (Youth) LongJump Heptathlon

1	SOLARIN,Esther, 165	AGN	5.31	645	+0.5
2	KETCH,Leandre, 430	BOLA	5.26	631	+2.6
3	VAN JAARSVELD,Liane, 486	CGA	5.22	620	+1.5
4	THERON,Liezl, 164	AGN	5.15	601	+0.6
5	DE KLERK,Xante, 413	AVT	4.83	514	+2.1
6	OPPERMAN,Annica, 386	ASWD	4.65	466	+0.2
7	DONOUGH,Ameerah, 646	WPA	4.46	418	+1.4
8	VAN ZYL,Anina, 6	ACNW	4.32	384	+0.8
9	BOTHA,Ancke, 487	CGA	3.75	252	+0.6
0	SCHOEMAN,Bianka, 412	AVT	DNR	0	
0	ENGELBRECHT,Carli, 414	AVT	DNR	0	
0	FERREIRA,Chante, 163	AGN	DNR	0	

Item 72 09:00 Final Women U20 (Junior) LongJump Heptathlon

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records	
	1	KRUGER, Jane, 5	ACNW	5.61		732	+1.5		
	2	VAN BERS, Cindy, 166	AGN	5.33		651	+1.1		
	3	VON ALLEMAN, Elizna, 4	ACNW	5.15		601	+2.3		
	4	VERSTER, Shannon, 619	KZNA	4.93		540	+1.4		
Item 73	09:00 Final Women Senior LongJump Heptathlon								
	1	SCHOEMAN, Nicola, 179	AGN	5.47		691	+1.2		
	2	DU TOIT, Nienka, 445	BOLA	5.35		657	+2.0		
	3	SALIM, Anri, 11	ACNW	4.77		498	+1.2		
	4	VAN GRAAN, Sherica, 491	CGA	4.67		472	+1.6		
	5	KIRSTEN, Danica, 21	ACNW	4.45		416	+1.5		
Item 74	09:00 Final Men Mixed Shotput (SASAPD - MIXED GENDER)								
Item 75	09:00 Final Results Men Senior 110m Hurdles Decathlon						1.067m		
	1	PRETORIUS, Fredriech, 256	AGN	14.51		910			
	2	VAN DER BERG, Lee, 55	ACNW	15.41		801			
	3	VAN BILJON, Jc, 135	AFS	15.54		785			
	4	MATSEKANE, Katleho, 420	AVT	15.73		763			
	5	DE JAGER, Marcelle, 141	AFS	15.74		762			
	6	MC GLADDERY, Duncan, 214	AGN	16.01		732			
	7	WEPERER, Terrence, 687	WP IND	16.25		705			
	8	SWANEPOEL, Gert, 267	AGN	16.27		703			
	9	BEUKES, Hennie, 450	BOLA	16.59		668			
	0	COERTZEN, Willem, 72	ACNW	DNR		0			
	0	BARNARD, Brandon, 44	ACNW	DNR		0			
Item 75	09:00 Final 1 of 2 Men Senior 110m Hurdles Decathlon						+0.0	1.067m	
	1	PRETORIUS, Fredriech, 256	AGN	14.51		910			
	2	VAN BILJON, Jc, 135	AFS	15.54		785			
	3	DE JAGER, Marcelle, 141	AFS	15.74		762			
	4	MC GLADDERY, Duncan, 214	AGN	16.01		732			
	5	WEPERER, Terrence, 687	WP IND	16.25		705			
	0	COERTZEN, Willem, 72	ACNW	DNR		0			
Item 75	09:00 Final 2 of 2 Men Senior 110m Hurdles Decathlon						+0.9	1.067m	
	1	VAN DER BERG, Lee, 55	ACNW	15.41		801			
	2	MATSEKANE, Katleho, 420	AVT	15.73		763			
	3	SWANEPOEL, Gert, 267	AGN	16.27		703			
	4	BEUKES, Hennie, 450	BOLA	16.59		668			
	0	BARNARD, Brandon, 44	ACNW	DNR		0			
Item 76	09:15 Final Men U20 (Junior) 110m Hurdles Decathlon						+0.8		
	1	COETZEE, Grove, 99	AFS	16.36		693			
	2	JOSHUA, Nurdeen, 683	WP IND	16.61		666			
	3	MARAIS, Daniel, 682	WP IND	17.94		530			
Item 77	09:30 Final Men Mixed Discus (SASAPD - MIXED GENDER - S)								
Item 78	09:30 Final Men U18 (Youth) 110m Hurdles Decathlon						+0.7		
	1	MACKENZIE, Ronaldo, 431	BOLA	15.35		808			
	2	HOFFMEISTER, Stefan, 681	WP IND	15.78		758			
	3	SPRUYT, Rainer, 359	AMPU	16.91		634			
	4	DE LA REY, Zaine, 96	AFS	17.97		527			
	5	VAN ZYL, Rikus, 42	ACNW	19.14		420			
Item 79	09:45 Heat 1 of 4 Women Senior 200m						+1.2		
	1	CONLEY, Alyssa, 516	CGA	23.19		0			
	2	VAN TONDER, Sonja, 650	WPA	24.67		0			
	3	MOSIME, Caroline, 292	AGNIND	24.80		0			
	4	LE ROUX, Amoure, 503	CGA	25.09		0			
	5	SAMUELS, Chelsea, 649	WPA	25.11		0			
	0	KGADIMA, Prudence, 283	AGNIND	DNR		0			
	0	EVANS-JOBODWANA, Taylor, 630	KZNA	DNR		0			
Item 79	09:45 Heat 2 of 4 Women Senior 200m						+1.0		
	1	THOMAS, Tamzin, 653	WPA	24.03		0			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records	
	2	MARNCE,Shanice, 620	KZNA	24.48		0			
	3	BOMPASS,Jessica, 694	KZNA	24.57		0			
	4	VAN TONDER,Chante, 492	CGA	24.69		0			
	5	SMITH,Elmè, 111	AFS	24.71		0			
	6	MTHEMBU,Samkelisiwe, 629	KZNA	25.58		0			
	0	SMITH,Bevin, 112	AFS	DNR		0			
Item 79	09:45 Heat 3 of 4 Women Senior 200m						+2.1		
	1	NEL,Ariane, 18	ACNW	24.08		0			
	2	PARKER,Nabeela, 648	WPA	24.19		0			
	3	VAN HEERDEN,Anja, 651	WPA	24.64		0			
	4	DU PLESSIS,Elsabe, 606	EPA	24.85		0			
	5	MBISA,Joviale, 105	AFS	24.96		0			
	6	VAN DERWESTHUIZEN,Sherine, 497	CGA	25.08		0			
	7	PRINSLOO,Beneë, 295	AGNIND	25.24		0			
Item 79	09:45 Heat 4 of 4 Women Senior 200m						+2.1		
	1	NEL,Wenda, 185	AGN	24.16		0			
	2	VAN WYK,Anel, 13	ACNW	24.66		0			
	3	ARENDSE,Shannon, 442	BOLA	24.82		0			
	0	UNDERHAY,Taylor, 513	CGA	DNR		0			
	0	VAN DER NEST,Simone, 495	CGA	DNR		0			
	0	VAN HEERDEN,Monet, 102	AFS	DNR		0			
	0	DU PLOOY,Simone, 296	AGNIND	DNR		0			
Item 80	10:15 Heat 1 of 6 Men Senior 200m						+1.6		
	1	MUNYAI,Clarence, 264	AGN	20.85		0			
	2	VAN WYK,Chederick, 53	ACNW	21.44		0			
	3	PIETERS,Maritz, 63	ACNW	21.74		0			
	4	RAMAGOLE,Kagiso, 421	AVT	21.85		0			
	5	PENNELS,Quinton, 556	CGA	22.07		0			
	6	BARNES,Andrew, 298	AGNIND	22.31		0			
	0	DLODLO,Thando, 568	CGA	DNR		0			
	0	MLENGA,Retshidisitswe, 342	AGNIND	DNR		0			
Item 80	10:15 Heat 2 of 6 Men Senior 200m						+1.7		
	1	SIMBINE,Akani, 230	AGN	20.58		0			
	2	VAN NIEKERK,Wayde, 137	AFS	20.64		0			
	3	ADAMS,Luxolo, 608	EPA	20.79		0			
	4	ENGEL,Roscoe, 670	WPA	21.11		0			
	5	WILLIAMS,Dale, 612	EPA	21.59		0			
	6	MATLATLA,Lesego, 306	AGNIND	22.23		0			
	0	MAGAKWE,Simon, 693	ANWIND	DNR		0			
	0	DE VOS,Phillip, 316	AGNIND	DNR		0			
Item 80	10:15 Heat 3 of 6 Men Senior 200m						+1.4		
	1	LEOTLELA,Gift, 222	AGN	21.16		0			
	2	MOENG,Lebogang, 347	AGNIND	21.23		0			
	3	DU TOIT,Wynand, 459	BOLA	21.34		0			
	4	MASEKO,Lehlogonolo, 301	AGNIND	21.65		0			
	5	TRUTER,Pierre, 595	CGAIND	22.15		0			
	6	FOURIE,Devinto, 407	ATRA	22.42		0			
	0	SETLHABI,Oratile, 161	AFSIND	DNR		0			
	0	HAVENGA,Petr, 126	AFS	DNR		0			
Item 80	10:15 Heat 4 of 6 Men Senior 200m						+2.2		
	1	MAARTENS,Hendrik, 130	AFS	20.68		0			
	2	SESELE,Lebakeng, 324	AGNIND	20.81		0			
	3	LEMAO,Tshenolo, 319	AGNIND	21.09		0			
	4	NOBLE,Ethan, 672	WPA	21.13		0			
	5	ISMAIL,Yusuf, 677	WPA	21.37		0			
	6	ERASMUS,Rudolf, 585	CGA	21.64		0			
	7	MOTSWENYANE,Lebogang, 384	ANWN	21.79		0			
Item 80	10:15 Heat 5 of 6 Men Senior 200m						+2.2		
	1	RANTHABANE,Thlapo, 134	AFS	20.98		0			

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
2		LOTTER,Casper, 616	EPA	21.31		0		
3		CORDIER,Donovan, 382	ANWN	21.55		0		
4		KOTSEDI,Motheo, 74	ACNW	21.75		0		
5		VAN WYK,Merlin, 310	AGNIND	22.02		0		
6		TLHAPOLOSA,Israel, 427	AVT	22.27		0		
0		JOBODWANA,Anaso, 637	KZNA	DNR		0		
Item 80	10:15 Heat 6 of 6 Men Senior 200m					+0.7		
1		ELS,Ruben, 341	AGNIND	21.33		0		
2		KHUMALO,Manny, 560	CGA	21.97		0		
3		MOTALA,Shaahid, 151	AFS	22.46		0		
4		HLENGWA,Sanele, 406	ATRA	22.62		0		
0		KABI,Tshepiso, 418	AVT	DNR		0		
0		MONARENG,Thembo, 247	AGN	DNR		0		
0		DE BRUIN,Darren, 317	AGNIND	DNR		0		
Item 81	10:45 Final Women U18 (Youth) Javelin Heptathlon							
1		BOTHA,Ancke, 487	CGA	41.87		703		
2		KETCH,Leandre, 430	BOLA	34.44		561		
3		THERON,Liezl, 164	AGN	29.24		462		
4		DONOUGH,Ameerah, 646	WPA	29.06		459		
5		OPPERMAN,Annica, 386	ASWD	27.89		437		
6		SOLARIN,Esther, 165	AGN	26.52		411		
7		VAN ZYL,Anina, 6	ACNW	21.48		316		
8		VAN JAARSVELD,Liane, 486	CGA	17.35		240		
9		DE KLERK,Xante, 413	AVT	11.33		130		
0		SCHOEMAN,Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT,Carli, 414	AVT	DNR		0		
0		FERREIRA,Chante, 163	AGN	DNR		0		
Item 82	10:45 Final Women U20 (Junior) Javelin Heptathlon							
1		VON ALLEMAN,Elizna, 4	ACNW	42.28		711		
2		KRUGER,Jone', 5	ACNW	29.16		461		
3		VERSTER,Shannon, 619	KZNA	28.74		453		
4		VAN BERS,Cindy, 166	AGN	26.84		417		
Item 83	10:45 Final Women Senior Javelin Heptathlon					600g		
1		SCHOEMAN,Nicola, 179	AGN	41.64		699		
2		DU TOIT,Nienka, 445	BOLA	37.83		626		
3		KIRSTEN,Danica, 21	ACNW	27.94		438		
4		SALIM,Anri, 11	ACNW	25.89		399		
5		VAN GRAAN,Sherica, 491	CGA	21.78		322		
Item 86	11:00 Final Men Senior LongJump							
1		MANYONGA,Luvo, 210	AGN	8.65		0	G +1.3	AR,SA,WQC
2		SAMAAI,Ruswahl, 547	CGA	8.49		0	S -0.8	WCQ
3		VISSER,Zarck, 564	CGA	8.03		0	B +1.6	
4		VAN VUUREN,Jovan, 136	AFS	7.60		0	+0.7	
5		COTTER,Dylan, 574	CGA	7.59		0	+0.7	
6		MAKGATO,Peter, 542	CGA	7.41		0	+0.4	
7		MOGAPI,Koketso, 75	ACNW	7.37		0	+2.5	
7		MANUEL,Divan, 607	EPA	7.37		0	+1.3	
9		AARON,Pedro, 531	CGA	7.31		0	+2.3	
10		BANDA,Maudas, 365	AMPU	7.28		0		
11		PONISAMMY,Norbert, 371	AMPU	7.25		0	+1.0	
12		COETZEE,Francois, 345	AGNIND	7.22		0	+1.4	
13		MOODIE,Keanu, 465	BOLIND	7.18		0	+0.9	
14		FARAO,Jason, 533	CGA	7.17		0	-1.9	
15		ROBERTS,Crissio, 674	WPA	7.09		0	+1.0	
16		SKOSANA,Michael, 339	AGNIND	6.98		0	+0.1	
17		GAUCHE,Luke, 391	ASWD	6.96		0	+2.5	
18		BOER,Duwayne, 573	CGA	6.95		0	+0.3	
19		JULIES,Regan, 690	SAPS	6.86		0	+0.4	
20		FALLERT,Khuco, 299	AGNIND	6.68		0	+0.1	

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
21		KRAUSE,Christo, 87	ACNW	6.29		0	+1.3	
0		PEREZ,Jesse, 555	CGA	DNR		0		
0		FOURIE,Devinto, 407	ATRA	DNR		0		
0		BOGNER,Julian, 239	AGN	DNR		0		
0		MIYA,Sifiso, 333	AGNIND	DNR		0		
0		JOHNSON,Cheswill, 576	CGA	NM		0		
0		NKOSI,Manqoba, 232	AGN	NM		0		
Item 89	11:30 Final Men U18 (Youth) Discus Decathlon							
1		MACKENZIE,Ronaldo, 431	BOLA	38.57		636		
2		DE LA REY,Zaine, 96	AFS	32.93		522		
3		SPRUYT,Rainer, 359	AMPU	32.12		506		
4		VAN ZYL,Rikus, 42	ACNW	29.02		445		
5		HOFFMEISTER,Stefan, 681	WP IND	17.10		218		
Item 90	11:30 Final Men U20 (Junior) Discus Decathlon							
1		COETZEE,Grove, 99	AFS	36.93		602		
2		JOSHUA,Nurdeen, 683	WP IND	27.80		421		
3		MARAI,Daniel, 682	WP IND	27.38		413		
Item 91	11:30 Final Men Senior Discus Decathlon							
							2.000kg	
1		DE JAGER,Marcelle, 141	AFS	45.74		782		
2		PRETORIUS,Fredriech, 256	AGN	39.88		662		
3		VAN BILJON,Jc, 135	AFS	38.70		638		
4		SWANEPOEL,Gert, 267	AGN	37.61		616		
5		WEPERER,Terrence, 687	WP IND	36.80		600		
6		MC GLADDERY,Duncan, 214	AGN	36.62		596		
7		VAN DER BERG,Lee, 55	ACNW	31.50		494		
8		BEUKES,Hennie, 450	BOLA	31.31		490		
9		MATSEKANE,Katleho, 420	AVT	19.75		267		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 92	11:30 Final Women Senior HighJump							
1		DU PLESSIS,Julia, 40	ACNW	1.85		0	G	
2		NEETHLING,Tillanie, 689	SAPS	1.80		0	S	
3		HIGGENS,Marilize, 511	CGA	1.75		0	B	
4		ROBSON,Yvonne, 364	AMPU	1.75		0		
5		KING,Geraldine, 654	WPA	1.75		0		
6		UYS,Brittany, 631	KZNA	1.70		0		
7		SNYMAN,Kristi, 656	WPA	1.70		0		
8		AREWA,Sheriffah, 200	AGN	1.70		0		
8		CARSTENS,Daniella, 168	AGN	1.70		0		
10		BOTHA,Mariette, 514	CGA	1.60		0		
11		SEELIGER,Frances, 281	AGNIND	1.60		0		
0		SEYAMA,Erikah, 280	AGNIND	DNR		0		
Item 93	11:45 Final Women Senior 3000m SteepleChase							
1		SIMS,Cherise, 604	EPA	10:46.29		0	G	
2		BALOYI,Thembi, 167	AGN	10:59.84		0	S	
3		KOEKEMOER,Shanley, 198	AGN	11:04.66		0	B	
4		MAKGOGA,Lethabo, 488	CGA	11:08.65		0		
5		SWIEGERS,Carina, 41	ACNW	11:26.31		0		
6		ORROCK,Lara, 121	AFS	11:34.16		0		
7		MPSHE,Lesego, 524	CGA	11:42.38		0		
8		MULDER,Lizandre, 123	AFS	11:50.44		0		
0		SETHLAKGOE,Tshegofatsoe, 187	AGN	DNF		0		
Item 94	12:05 Semi Final 1 of 2 Women Senior 200m							
							+0.5	
1		CONLEY,Alyssa, 516	CGA	23.47		0		
2		NEL,Ariane, 18	ACNW	24.14		0		
3		MARNCE,Shanice, 620	KZNA	24.22		0		
4		VAN TONDER,Chante, 492	CGA	24.58		0		
5		BOMPASS,Jessica, 694	KZNA	24.58		0		
6		DU PLESSIS,Elsabe, 606	EPA	24.80		0		

Age	Place	Athlete, Birthdate	Team	Perf	Points	Score	Medal	Records
7		MOSIME, Caroline, 292	AGNIND	24.87		0		
8		VAN TONDER, Sonja, 650	WPA	25.10		0		
Item 94	12:05	Semi Final 2 of 2 Women Senior 200m				+0.6		
1		NEL, Wenda, 185	AGN	23.39		0		
2		THOMAS, Tamzin, 653	WPA	23.75		0		
3		PARKER, Nabeela, 648	WPA	24.04		0		
4		SMITH, Elmè, 111	AFS	24.52		0		
5		VAN WYK, Anel, 13	ACNW	24.72		0		
6		VAN HEERDEN, Anja, 651	WPA	24.87		0		
7		ARENDSE, Shannon, 442	BOLA	24.91		0		
7		MBISA, Joviale, 105	AFS	24.91		0		
Item 95	12:20	Semi Final 1 of 3 Men Senior 200m				+1.9		
1		SIMBINE, Akani, 230	AGN	20.56		0		
2		SESELE, Lebakeng, 324	AGNIND	20.73		0		
3		RANTHABANE, Thlapo, 134	AFS	20.91		0		
4		ENGEL, Roscoe, 670	WPA	20.93		0		
5		LEMAO, Tshenolo, 319	AGNIND	21.36		0		
6		WILLIAMS, Dale, 612	EPA	21.48		0		
7		CORDIER, Donovan, 382	ANWN	21.68		0		
8		PIETERS, Maritz, 63	ACNW	21.82		0		
Item 95	12:20	Semi Final 2 of 3 Men Senior 200m				+0.7		
1		MAARTENS, Hendrik, 130	AFS	20.40		0		
2		LEOTLELA, Gift, 222	AGN	20.49		0		
3		ADAMS, Luxolo, 608	EPA	20.51		0		
4		MOENG, Lebogang, 347	AGNIND	20.81		0		
5		NOBLE, Ethan, 672	WPA	21.06		0		
6		VAN WYK, Chederick, 53	ACNW	21.37		0		
7		ERASMUS, Rudolf, 585	CGA	21.52		0		
0		KHUMALO, Manny, 560	CGA	DNR		0		
Item 95	12:20	Semi Final 3 of 3 Men Senior 200m				-0.9		
1		MUNYAI, Clarence, 264	AGN	20.90		0		
2		VAN NIEKERK, Wayde, 137	AFS	21.00		0		
3		ISMAIL, Yusuf, 677	WPA	21.26		0		
4		ELS, Ruben, 341	AGNIND	21.38		0		
5		MASEKO, Lehlogonolo, 301	AGNIND	21.57		0		
6		LOTTER, Casper, 616	EPA	21.63		0		
6		DU TOIT, Wynand, 459	BOLA	21.63		0		
8		MOTALA, Shaahid, 151	AFS	22.71		0		
Item 96	12:30	Final Women Senior Hammer				4.000kg		
1		JANSE VAN VUUREN, Letitia, 9	ACNW	60.65		0	G	
2		GREYLING, Stephanie, 34	ACNW	57.40		0	S	
3		CUMMING, Marga, 38	ACNW	55.85		0	B	
4		GREYLING, Marinda, 120	AFS	52.51		0		
5		COETZEE, Margo Chene, 195	AGN	52.41		0		
6		PUBALAKAN, Tanya, 530	SAPS	52.14		0		
7		VAN DER WALT, Tharina, 103	AFS	52.12		0		
8		FOURIE, Lizelle, 518	CGA	51.59		0		
9		LEONARD, Tamlynn, 600	EPA	50.94		0		
10		MEIRING, Nadia, 108	AFS	48.28		0		
11		BOTHA, Elme', 387	ASWD	44.76		0		
12		VOSLOO, Monique, 472	BORA	40.71		0		
Item 97	12:40	Final Women Senior 400m						
1		SEMENYA, Caster, 1	ACNW	0:51.60		0	G	
2		PALFRAMAN, Justine, 434	BOLA	0:52.57		0	S	
3		VAN TONDER, Sonja, 650	WPA	0:54.66		0	B	
4		VILJOEN, Marlie, 287	AGNIND	0:55.08		0		
5		RAMONNYE, Rorisang, 373	ANWN	0:55.40		0		
6		HOLTON, Danel, 28	ACNW	0:55.65		0		
7		LE ROUX, Amoure, 503	CGA	0:56.04		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
8		NEL,Ariane, 18	ACNW	0:57.47		0		
Item 98	12:45	Final Women Senior LongJump						
1		PRINSLOO,Lynique, 525	CGA	6.57		0	G	+0.2
2		BRITS,Maryke, 119	AFS	6.39		0	S	+2.1
3		PRETORIUS,Samantha, 443	BOLA	6.32		0	B	+1.5
4		MEY,Karin, 275	AGNIND	6.29		0		+1.4
5		CHABANGU,Zinzi, 505	CGA	6.12		0		+1.2
6		MADIKE,Anita, 597	EPA	6.01		0		+1.0
7		WRIGHT,Michaela, 588	CGAIND	5.68		0		-0.1
8		PHERANE,Moleboheng, 110	AFS	5.61		0		+0.8
9		BOTHA,Rudine, 27	ACNW	5.53		0		+2.1
10		NORTJE,Marichelle, 31	ACNW	5.46		0		+4.1
11		DOMBENI,Mahlatsi, 289	AGNIND	5.42		0		+0.4
12		LAWRENCE,Stoni, 268	AGNIND	5.17		0		+1.1
0		UYS,Curine, 297	AGNIND	DNS		0		
0		SMIT,Nicholeen, 363	AMPU	NM		0		
Item 99	12:45	Final Men U18 (Youth) Polevault Decathlon						
1		DE LA REY,Zaine, 96	AFS	4.40		731		
2		MACKENZIE,Ronaldo, 431	BOLA	3.20		406		
3		SPRUYT,Rainer, 359	AMPU	2.80		309		
3		VAN ZYL,Rikus, 42	ACNW	2.80		309		
0		HOFFMEISTER,Stefan, 681	WP IND	NM		0		
Item 100	12:45	Final Men U20 (Junior) Polevault Decathlon						
1		COETZEE,Grove, 99	AFS	3.60		509		
2		MARAI,Daniel, 682	WP IND	3.40		457		
3		JOSHUA,Nurdeen, 683	WP IND	3.30		431		
Item 101	12:45	Final Men Senior Polevault Decathlon						
1		PRETORIUS,Fredriech, 256	AGN	4.60		790		
2		BEUKES,Hennie, 450	BOLA	4.40		731		
3		VAN BILJON,Jc, 135	AFS	4.40		731		
4		MC GLADDERY,Duncan, 214	AGN	4.30		702		
5		WEPERER,Terrence, 687	WP IND	4.00		617		
6		VAN DER BERG,Lee, 55	ACNW	4.00		617		
7		DE JAGER,Marcelle, 141	AFS	3.80		562		
8		MATSEKANE,Katleho, 420	AVT	2.60		264		
0		SWANEPOEL,Gert, 267	AGN	NM		0		
0		COERTZEN,Willem, 72	ACNW	NM		0		
0		BARNARD,Brandon, 44	ACNW	NM		0		
Item 102	12:50	Final Men Senior 400m						
1		CONRADIE,Pieter, 71	ACNW	0:45.15		0	G	
2		DIKGALE,Ranti, 228	AGN	0:45.90		0	S	
3		PHORA,Thapelo, 225	AGN	0:46.07		0	B	
4		ZAZINI,Sokwakhana, 312	AGNIND	0:46.21		0		
5		NENE,Zakithi, 635	KZNA	0:46.41		0		
6		HLUNGWANI,Ashley, 234	AGN	0:47.03		0		
7		SEELIGER,Jon, 224	AGN	0:47.16		0		
8		FLAGG,Jaden, 454	BOLA	0:47.39		0		
Item 103	13:00	Final Women Mixed 400m (SASAPD)						
Item 105	13:30	Final Women U18 (Youth) 800m Heptathlon						
1		DE KLERK,Xante, 413	AVT	2:25.04		756		
2		OPPERMAN,Annica, 386	ASWD	2:30.47		687		
3		THERON,Liezl, 164	AGN	2:30.51		686		
4		VAN JAARVELD,Liane, 486	CGA	2:39.12		583		
5		DONOUGH,Ameerah, 646	WPA	2:42.96		539		
6		SOLARIN,Esther, 165	AGN	2:44.48		523		
7		VAN ZYL,Anina, 6	ACNW	2:50.57		458		
8		BOTHA,Ancke, 487	CGA	3:01.91		348		
9		KETCH,Leandre, 430	BOLA	3:05.56		315		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		SCHOEMAN,Bianka, 412	AVT	DNR		0		
0		ENGELBRECHT,Carli, 414	AVT	DNR		0		
0		FERREIRA,Chante, 163	AGN	DNR		0		
Item 106	13:40	Final Women U20 (Junior) 800m Heptathlon						
1		VAN BERS,Cindy, 166	AGN	2:22.33		792		
2		VERSTER,Shannon, 619	KZNA	2:38.84		586		
3		KRUGER,June, 5	ACNW	2:42.19		548		
4		VON ALLEMAN,Elizna, 4	ACNW	2:44.62		521		
Item 107	13:55	Final Women Senior 800m Heptathlon						
1		SCHOEMAN,Nicola, 179	AGN	2:29.30		702		
2		VAN GRAAN,Sherica, 491	CGA	2:36.71		611		
3		DU TOIT,Nienka, 445	BOLA	2:43.16		537		
4		SALIM,Anri, 11	ACNW	2:46.42		501		
5		KIRSTEN,Danica, 21	ACNW	3:19.99		202		
Item 108	14:00	Final Men Senior Shotput						
						7.260kg		
1		CREMONA,Orazio, 252	AGN	21.12		0	G	WCQ
2		ENGELBRECHT,Jaco, 572	CGA	20.63		0	S	WCQ
3		LAMBRECHTS,Burger (jnr), 206	AGN	19.15		0	B	
4		VAN ROOYEN,Jason, 549	CGA	18.70		0		
5		BLIGNAUT,Kayle, 567	CGA	18.51		0		
6		COMBRINK,Ruan, 241	AGN	17.20		0		
7		THAGE,Tumelo, 226	AGN	16.68		0		
8		VAN ROOYEN,Constand, 54	ACNW	15.32		0		
Item 109	14:05	Final Women Senior 800m						
1		SEMENYA,Caster, 1	ACNW	2:01.03		0	G	
2		LOFSTRAND,Gena, 628	KZNA	2:03.32		0	S	
3		NICE,Anuscha, 191	AGN	2:05.88		0	B	
4		MULLER,Niene, 203	AGN	2:08.32		0		
5		BLAKE,Lee Anne, 288	AGNIND	2:08.72		0		
6		SENOSI,Keletso, 186	AGN	2:11.88		0		
7		DU PLESSIS,Danel, 39	ACNW	2:12.11		0		
8		SWIEGERS,Carina, 41	ACNW	2:18.91		0		
Item 110	14:15	Final Men Senior 800m						
1		VAN RENSBURG,Rynardt, 138	AFS	1:46.56		0	G	
2		UYS,Henco, 95	ACNW	1:46.65		0	S	
3		TSHITE,Tshepo, 90	ACNW	1:47.11		0	B	
4		MOTHOSOLO,William, 370	AMPU	1:47.31		0		
5		BASSON,Tian, 366	AMPU	1:47.86		0		
6		ROZANI,Jacob, 691	ANWIND	1:48.02		0		
7		KUSCHE,George, 263	AGN	1:48.38		0		
8		OLIVIER,Andre, 66	ACNW	1:49.61		0		
Item 111	14:30	Final Men U18 (Youth) Javelin Decathlon						
1		MACKENZIE,Ronaldo, 431	BOLA	44.25		504		
2		DE LA REY,Zaine, 96	AFS	42.75		482		
3		SPRUYT,Rainer, 359	AMPU	38.20		416		
4		HOFFMEISTER,Stefan, 681	WP IND	28.58		279		
5		VAN ZYL,Rikus, 42	ACNW	25.44		236		
Item 112	14:30	Final Men U20 (Junior) Javelin Decathlon						
1		COETZEE,Grove, 99	AFS	57.96		707		
2		MARAIS,Daniel, 682	WP IND	33.92		355		
3		JOSHUA,Nurdeen, 683	WP IND	33.24		345		
Item 113	14:30	Final Men Senior Javelin Decathlon						
						800g		
1		PRETORIUS,Fredriech, 256	AGN	57.27		697		
2		MC GLADDERY,Duncan, 214	AGN	56.74		689		
3		VAN DER BERG,Lee, 55	ACNW	47.70		555		
4		WEPERER,Terrence, 687	WP IND	47.18		547		
5		BEUKES,Hennie, 450	BOLA	47.03		545		
6		VAN BILJON,Jc, 135	AFS	46.51		537		
7		DE JAGER,Marcelle, 141	AFS	45.73		526		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
8		MATSEKANE,Katleho, 420	AVT	34.08		357		
0		SWANEPOEL,Gert, 267	AGN	DNR		0		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		

Item 114 14:30 Final Men Senior HighJump

1		MOLEYA,Chris, 245	AGN	2.25		0	G	
2		FOURIE,Keegan, 455	BOLA	2.20		0	S	
3		ELLIS,Garth, 614	EPA	2.15		0	B	
4		POOLE,Breyton, 673	WPA	2.15		0		
5		LINKS,Mpho, 62	ACNW	2.10		0		
6		PRINSLOO,Sarel, 88	ACNW	2.05		0		
7		RUITERS,Clyde, 680	WPA	2.00		0		
7		NKEWU,Luvo, 453	BOLA	2.00		0		
9		NKOSI,Manqoba, 232	AGN	2.00		0		
10		MODISE,Tebobo, 577	CGA	2.00		0		
11		PICK,Sherno, 389	ASWD	1.95		0		
12		KRAUSE,Christo, 87	ACNW	1.85		0		
0		VAN ROOYEN,Leandre, 213	AGN	DNR		0		

Item 115 14:45 Final Women Mixed 200m (SASAPD)**Item 116 14:45 Final Men Mixed 200m (SASAPD)****Item 117 15:15 Final Men Senior 110m Hurdles****+0.3 1.067m**

1		SMIT,Tiaan, 235	AGN	13.42		0	G	
2		ALKANA,Antonio, 669	WPA	13.49		0	S	
3		DE VRIES,Ruan, 221	AGN	13.81		0	B	
4		MKATINI,Junior, 566	CGA	13.86		0		
5		MOOLMAN,Kobus, 153	AFS	14.06		0		
6		BOTHMA,Alwyn, 69	ACNW	14.17		0		
7		HAMMAN,Muntingh, 205	AGN	14.19		0		
8		SEPTEMBER,Andre, 664	WPA	14.34		0		

Item 118 15:30 Final Women Senior 100m Hurdles**-0.1 0.838m**

1		STEENKAMP,Rikenette, 202	AGN	13.02		0	G	
2		HEUNIS,Claudia, 181	AGN	13.23		0	S	
3		BRITS,Maryke, 119	AFS	13.53		0	B	
4		HENDRIKS,Velmien, 501	CGA	13.82		0		
5		BIELDT,Taylon, 190	AGN	13.87		0		
6		VAN WYK,Janke, 435	BOLA	13.93		0		
7		EHRKE,Tanya, 506	CGA	14.21		0		
8		FOX,Fox, 114	AFS	18.74		0		

Item 119 15:45 Final Men Senior 10000m

1		GELANT,Elroy, 3	ACNW	29:09.87		0	G	
2		MELAMU,Kabelo, 554	CGA	30:08.99		0	S	
3		MATHIBA,Phillimon, 539	CGA	30:15.57		0	B	
4		MOSHWETSI,Ntekele, 383	ANWN	30:23.42		0		
5		BUTHELEZI,Philani, 258	AGN	30:41.13		0		
6		MULAUDZI,Collen, 357	AGNIND	30:53.51		0		
7		KEKANA,Milton, 318	AGNIND	31:23.40		0		
8		MOHLOMI,Siphiwe, 578	CGA	31:23.84		0		
9		MASINA,Thabo, 536	CGA	32:09.96		0		
10		VAN DER MERWE,Dylan, 592	CGAIND	32:18.89		0		
11		ZAMKELE,Xolisani, 400	ATRA	33:08.15		0		
12		MADIKIZA,Vuyolwethu, 398	ATRA	33:10.60		0		
13		ZWANE,Bonginkosi, 638	KZNA	33:24.02		0		
14		MASEMOLA,Kamo, 641	LIMA	34:16.46		0		
0		MMONE,Joel, 67	ACNW	DNR		0		
0		MANJA,David, 48	ACNW	DNR		0		
0		DLEPU,Ruben, 390	ASWD	DNR		0		
0		MASHELE,Precious, 541	CGA	DNR		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		MOTLAGALE,Tumelo, 581	CGA	DNR		0		
0		MOKOKA,Stephen, 244	AGN	DNR		0		
0		VUYISILE,Tshoba, 266	AGN	DNR		0		
0		MAGWAI,Regnen, 208	AGN	DNR		0		
0		TSEKO,Jacob, 353	AGNIND	DNR		0		
0		SELEPE,Benjamin, 325	AGNIND	DNR		0		
0		NKOE,Gino, 338	AGNIND	DNR		0		
0		MTHEMBU,Kwanele, 354	AGNIND	DNF		0		
Item 120 16:00 Final Women Senior Discus						1.000kg		
1		SENEKAL,Ischke, 602	EPA	51.92		0	G	
2		VAN DER WALT,Tharina, 103	AFS	47.66		0	S	
3		STANDER,Yolandi, 201	AGN	46.36		0	B	
4		HEYNS,Riette, 17	ACNW	45.13		0		
5		GEEL,Leandri, 500	CGA	44.75		0		
6		NIEUWENHUIZEN,Ashley, 23	ACNW	42.85		0		
7		SMUTS,Sonia, 194	AGN	41.95		0		
8		VAN R VAN OUDTSHOORN,Mia, 104	AFS	41.06		0		
9		BOTHA,Elme', 387	ASWD	33.58		0		
0		STEINMANN,Jana, 37	ACNW	DNS		0		
Item 121 16:00 Final Men Mixed LongJump (SASAPD)								
Item 122 16:30 Final Men U20 (Junior) 1500m Decathlon								
1		JOSHUA,Nurdeen, 683	WP IND	05:09.84		504		
2		MARAI,Daniel, 682	WP IND	05:30.92		395		
3		COETZEE,Grove, 99	AFS	06:04.27		247		
Item 123 16:40 Final Men U18 (Youth) 1500m Decathlon								
1		SPRUYT,Rainer, 359	AMPU	04:41.80		669		
2		DE LA REY,Zaine, 96	AFS	05:13.85		483		
3		VAN ZYL,Rikus, 42	ACNW	05:15.17		476		
4		MACKENZIE,Ronaldo, 431	BOLA	05:21.96		440		
5		HOFFMEISTER,Stefan, 681	WP IND	05:54.27		288		
Item 124 16:50 Final Men Senior 1500m Decathlon								
1		BEUKES,Hennie, 450	BOLA	04:39.38		684		
2		MATSEKANE,Katleho, 420	AVT	04:59.07		565		
3		VAN BILJON,Jc, 135	AFS	05:02.91		543		
4		DE JAGER,Marcelle, 141	AFS	05:07.66		516		
5		MC GLADDERY,Duncan, 214	AGN	05:08.48		512		
6		VAN DER BERG,Lee, 55	ACNW	05:12.56		490		
7		PRETORIUS,Fredriech, 256	AGN	05:19.19		454		
8		WEPERER,Terrence, 687	WP IND	05:28.87		405		
0		SWANEPOEL,Gert, 267	AGN	DNR		0		
0		COERTZEN,Willem, 72	ACNW	DNR		0		
0		BARNARD,Brandon, 44	ACNW	DNR		0		
Item 125 17:00 Final Women Senior 200m						+1.5		
1		CONLEY,Alyssa, 516	CGA	22.94		0	G	
2		THOMAS,Tamzin, 653	WPA	23.43		0	S	
3		NEL,Wenda, 185	AGN	23.54		0	B	
4		NEL,Ariane, 18	ACNW	23.98		0		
5		PARKER,Nabeela, 648	WPA	24.35		0		
6		MARNCE,Shanice, 620	KZNA	24.44		0		
7		VAN TONDER,Chante, 492	CGA	24.75		0		
8		SMITH,Elmè, 111	AFS	24.85		0		
Item 126 17:15 Final Men Senior 200m						+0.5		
1		VAN NIEKERK,Wayde, 137	AFS	19.90		0	G	WCQ
2		SIMBINE,Akani, 230	AGN	20.15		0	S	WCQ
3		LEOTLELA,Gift, 222	AGN	20.20		0	B	WCQ
4		MUNYAI,Clarence, 264	AGN	20.25		0		WCQ
5		MAARTENS,Hendrik, 130	AFS	20.93		0		
6		SESELE,Lebakeng, 324	AGNIND	21.13		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		ADAMS,Luxolo, 608	EPA	Disq		0		
0		MOENG,Lebogang, 347	AGNIND	DNR		0		
Item 127 17:30 Final Men Senior Hammer						7.260kg		
1		HARMSE,Chris, 125	AFS	70.53		0	G	
2		FRECHOU,Renaldo, 254	AGN	70.30		0	S	
3		MAKHETHE,Tshepang, 51	ACNW	69.14		0	B	
4		CUMMING,Alan, 91	ACNW	64.94		0		
5		HAASBROEK,Carel, 45	ACNW	62.20		0		
6		VAN RENSBURG,Vincent, 552	CGA	57.62		0		
7		LAUBSCHER,Nicol, 446	BOLA	52.06		0		
8		JANEKE,Pierre, 127	AFS	52.00		0		
9		BEHR,Werner, 553	CGA	47.13		0		
10		DUYVESTYN,Lee, 485	BORA	43.31		0		
Item 128 17:30 Final Men Senior 1500m								
1		HLASELO,Dumizani, 569	CGA	03:41.63		0	G	
2		SIBIYA,Nkosinathi, 636	KZNA	03:41.86		0	S	
3		SEHOHLE,Folario, 369	AMPU	03:42.50		0	B	
4		DERISON,Treasure, 140	AFS	03:43.97		0		
5		MAKANE,Henry, 537	CGA	03:44.42		0		
6		MPHAHLELE,Ryan, 583	CGA	03:45.91		0		
7		ANDREAS,Jeromy, 571	CGA	03:48.55		0		
8		BOTHOLO,Solomon, 240	AGN	03:50.58		0		
9		MALEBANE,Dais, 303	AGNIND	03:51.43		0		
10		DAMONS,Bruce-lynn, 658	WPA	03:56.35		0		
11		MOTSAU,Jerry, 76	ACNW	03:57.88		0		
12		KOOPMAN,Jason, 688	WP IND	04:01.87		0		
Item 129 17:40 Final Women Senior 1500m								
1		WEITZ,Simonay, 504	CGA	04:21.93		0	G	
2		MENTZ,Marne, 107	AFS	04:22.46		0	S	
3		VAN ZYL,Irvette, 173	AGN	04:23.23		0	B	
4		LOUW,Nicole, 116	AFS	04:26.02		0		
5		ROELOFSE,Lyndi, 523	CGA	04:26.63		0		
6		MARAI,Stella, 169	AGN	04:30.80		0		
7		MKHIZE,Happiness, 626	KZNA	04:31.08		0		
8		MASHISHI,Dipuo, 490	CGA	04:31.29		0		
9		SHANGE,Yandiswa, 510	CGA	04:31.33		0		
10		BELING,Tylor, 106	AFS	04:31.62		0		
11		BRANDT,Mandie, 686	WP IND	04:32.45		0		
12		MARITZ,Liza, 270	AGNIND	04:36.45		0		
Item 130 18:00 Final Men Senior 3000m SteepleChase								
1		MOKOPANE,Rantso, 78	ACNW	08:34.47		0	G	
2		LEKOPA,Dikotsi, 58	ACNW	08:47.15		0	S	
3		SEBOKO,Kabelo, 559	CGA	08:54.83		0	B	
4		MONATLALA,Tumisang, 582	CGA	09:08.11		0		
5		MEINTJIES,Ruan, 142	AFS	09:08.42		0		
6		MADIKIZELA,Sibusiso, 660	WPA	09:09.67		0		
7		MOLEJANE,Nope, 154	AFS	09:13.96		0		
8		BOTHOBUTHLE,Lucas, 70	ACNW	09:19.92		0		
9		MOKONYAMA,Simon, 248	AGN	09:23.38		0		
10		MAKHOBALO,Derorious, 545	CGA	09:29.09		0		
11		MOTLAGALE,Ontiretse, 79	ACNW	09:30.07		0		
12		MALEPE,Godfrey, 376	ANWN	09:31.34		0		
13		NGOBE,Mongezi, 402	ATRA	09:43.02		0		
14		NGUBO,Sive, 329	AGNIND	09:43.58		0		
15		SOLDAKA,Siboniso, 675	WPA	09:45.07		0		
16		MASONDO,Siphesihle, 632	KZNA	09:58.44		0		
0		MABU,Collins, 47	ACNW	DNR		0		
0		MADIKIZA,Vuyolwethu, 398	ATRA	DNR		0		
0		NOGCANTSI,Kwazi, 409	ATRA	DNR		0		

Age	Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0		KHUPISO,Zuko, 403	ATRA	DNF		0		
Item 131 18:20 Final Women Senior 4X100m Relay								
1		RELAY TEAM,BOLAND,	BOLA	0:45.72		0	G	
PALFRAMAN, Justine / SENEKAL, Jean-mare / LIEBENBERG, Anrune / JOSEPH, Rogail / VAN WYK, Janke / ARENDSE, Sha								
2		RELAY TEAM,WPA,	WPA	0:46.33		0	S	
SAMUELS, Chelsea / VAN TONDER, Sonja / VAN HEERDEN, Anja / PARKER, Nabeela								
0		RELAY TEAM,AGN,	AGN	DNR		0		
MAMATU, Tebogo / HEUNIS, Claudia / BIELDT, Taylon / JONES, Cherese / MOOLMAN, Done / NICE, Anuscha / MEYER, Soa								
Item 132 18:30 Final Men Senior 4X100m Relay								
1		RELAY TEAM,WPA,	WPA	0:40.07		0	G	
ALKANA, Antonio / ISMAIL, Yusuf / ENGEL, Roscoe / NOBLE, Ethan								
2		RELAY TEAM,AGN INDIVIDUALS,	AGNIND	0:41.89		0	S	
MAGANYELE, Lethabo / SESELE, Lebakeng / DE BRUIN, Darren / MATLATLA, Lesego / NZWANZWA, Anele / SEPOTOKELE								
0		RELAY TEAM,EPA,	EPA	Disq		0		
BLOM, Antonio / ADAMS, Luxolo / LOTTER, Casper / WILLIAMS, Dale								
0		RELAY TEAM,AGN,	AGN	DNR		0		
ROTO, Thando / BRUINTJIES, Henricho / MUNYAI, Clarence / SIMBINE, Akani								
Item 133 18:45 Final Women Senior 4X400m Relay								
1		RELAY TEAM,AGN,	AGN	03:43.59		0	G	
MAMATU, Tebogo / HEUNIS, Claudia / BIELDT, Taylon / JONES, Cherese / MOOLMAN, Done / NICE, Anuscha / MEYER, Soa								
2		RELAY TEAM,BOLAND,	BOLA	03:43.74		0	S	
PALFRAMAN, Justine / SENEKAL, Jean-mare / LIEBENBERG, Anrune / JOSEPH, Rogail / VAN WYK, Janke / ARENDSE, Sha								
3		RELAY TEAM,CGA,	CGA	03:48.58		0	B	
VAN DERWESTHUIZEN, Sherine / LUTZ, Julia Ann / KELLERMAN, Liza / LE ROUX, Amoure								
Item 134 19:00 Final Men Senior 4X400m Relay								
1		RELAY TEAM,BOLAND,	BOLA	03:11.04		0	G	
DU TOIT, Wynand / MAREE, Linford / FLAGG, Jaden / ISAACS, Gardeo								
2		RELAY TEAM,AGN INDIVIDUALS,	AGNIND	03:14.11		0	S	
MAGANYELE, Lethabo / SESELE, Lebakeng / DE BRUIN, Darren / MATLATLA, Lesego / NZWANZWA, Anele / SEPOTOKELE								
3		RELAY TEAM,CGA,	CGA	03:18.23		0	B	
MATLALA, Frans / PENNELS, Quinton / MARICH, Nikolas / MATIWANE, Thabang								
4		RELAY TEAM,ATRA,	ATRA	03:25.03		0		
FOURIE, Devinto / NOBANDA, Thusile / MATHISO, Sakhumzi / NTSOTHO, Awethu								